

Individual Best Times (All Time)

Lauren Woods - (549079) - Lincoln Vulcans SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.30	473	H	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	Lincoln Vulc	1
30.31	472	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Lincoln Vulc	1
30.81	450	H	31/05/15	Midlands Championships 2015	Coventry	Lincoln Vulc	1
31.29	429	H	07/02/15	Derventio Excel February Festival	Sheffield	Lincoln Vulc	1
31.57	418	H	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Lincoln Vulc	1
31.63	415	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	Lincoln Vulc	1
31.63	415	H	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	Lincoln Vulc	1
31.66	414	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Lincoln Vulc	1
31.82	408	H	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Lincoln Vulc	3
32.46	384	H	13/05/17	City of Sheffield No Frills Meet	Sheffield	Lincoln Vulc	1
32.59	380	H	30/11/13	City of Sheffield Snow Frills Gala	Sheffield	Lincoln Vulc	3
33.00	366	H	22/09/13	City of Sheffield 31st Annual Teaspoon Gala	Sheffield	Lincoln Vulc	3
33.09	363	F	22/09/13	City of Sheffield 31st Annual Teaspoon Gala	Sheffield	Lincoln Vulc	3
34.79	312	H	19/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Lincoln Vulc	3
35.61	291	H	20/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Lincoln Vulc	1
38.47	231	H	21/01/12	Rotherham Metro A & B Grade Gala	Sheffield	Lincoln Vulc	3

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