

Individual Best Times (All Time)

Emma Tappenden - (548511) - Basildon and Phoenix SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.54	552	H	16/02/20	Essex Age Group Championships 2020	Basildon	Basildon Ph	1
2:20.73	515	H	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Basildon Ph	1
2:21.24	510	H	28/05/18	East Swimming Long Course Championships 2018	Luton	Basildon Ph	1
2:21.24	510	H	02/03/19	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Basildon Ph	3
2:21.50	507	H	21/01/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
2:21.75	504	H	28/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
2:22.18	500	H	31/03/18	BPSC Easter Meet 2018	Basildon	Basildon Ph	1
2:26.18	460	H	15/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
2:29.80	427	H	22/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
2:29.80	427	H	22/01/17	Essex Age Group Championships	London	Basildon Ph	1
2:29.80	427	H	22/01/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
2:31.32	414	H	07/05/16	BPSC Non Regional Qualifiers Gala	Basildon	Basildon Ph	3
2:34.33	390	H	24/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
2:34.33	390	H	24/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
2:50.66	289	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
2:53.11	277	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1

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2:53.11	277	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1