

# Individual Best Times (All Time)

Emma Tappenden - (548511) - Basildon and Phoenix SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.24	475	H	01/04/18	BPSC Easter Meet 2018	Basildon	Basildon Ph	1
30.26	474	H	03/02/18	Essex Age Group Championships 2018	London	Basildon Ph	1
30.36	470	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1
30.38	469	H	01/02/20	Essex Age Group Championships 2020	London	Basildon Ph	1
30.84	448	H	28/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
31.07	438	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
31.21	432	H	04/02/17	Essex Age Group Championships	London	Basildon Ph	1
31.21	432	H	04/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
31.29	429	H	03/03/19	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Basildon Ph	3
31.50	421	H	29/05/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1
31.80	409	H	06/02/16	Essex Age Group Championships 2016	London	Basildon Ph	1
31.80	409	H	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
32.24	392	H	07/05/16	BPSC Non Regional Qualifiers Gala	Basildon	Basildon Ph	3
32.28	391	H	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Basildon Ph	1
32.33	389	F	06/02/16	Essex Age Group Championships 2016	London	Basildon Ph	1
32.33	389	F	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
34.39	323	H	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
35.07	305	H	14/03/15	Great Britain Deaf Club Championships	Loughborough		4
38.67	227	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3

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