Individual Best Times (All Time)

Jerome Greig - (546772) - Alton & District Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:55.14	414	Н	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
4:58.09	402	Н	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
4:59.37	397	F	03/03/13	Surrey County Championships	Guildford	Farnham	1
5:00.21	393	F	02/03/14	British Gas Surrey Age Group Championships	Guildford	Farnham	1

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