

Individual Best Times (All Time)

Lewis Roberts - (546605) - Nofio Clwyd - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.19	508	F	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Mold	1
2:20.44	506	F	18/04/14	Welsh Age Group & Youth Championships	WNPS	Mold	1
2:22.57	483	H	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Mold	1
2:22.90	480	F	30/07/13	Swim Wales Summer Nationals	Swansea	Mold	1
2:24.84	461	H	30/07/13	Swim Wales Summer Nationals	Swansea	Mold	1
2:24.85	461	H	18/04/14	Welsh Age Group & Youth Championships	WNPS	Mold	1
2:26.77	443	H	09/06/13	Cardiff International Open Meet	Cardiff	Mold	1
2:27.65	435	H	29/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	Mold	1
2:28.27	430	F	29/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	Mold	1
2:32.54	394	F	06/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Mold	1
2:35.08	375	F	13/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Mold	1
2:36.14	368	H	06/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Mold	1
2:37.78	356	H	18/12/11	Northampton Winter Festival Open Meet	Corby	Mold	1
2:42.28	328	H	01/08/11	Welsh Summer Nationals	Swansea	Mold	1
2:46.38	304	F	15/05/11	City of Manchester Aquatics Open Meet	Manchester	Mold	1
2:48.87	291	H	22/04/11	Welsh Age Group & Youth Championships	Swansea	Mold	1
2:54.84	262	H	05/12/10	Northampton Winter Fest	Corby	Mold	1
2:59.87	240	H	15/05/10	Rotherham Metro LC Meet	Sheffield	Mold	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.44	506	F	18/04/14	Welsh Age Group & Youth Championships	WNPS	Mold	1
2:24.85	461	H	18/04/14	Welsh Age Group & Youth Championships	WNPS	Mold	1
2:20.19	508	F	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Mold	1
2:22.57	483	H	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Mold	1
2:22.90	480	F	30/07/13	Swim Wales Summer Nationals	Swansea	Mold	1

2:24.84	461	H	30/07/13	Swim Wales Summer Nationals	Swansea	Mold	1
2:26.77	443	H	09/06/13	Cardiff International Open Meet	Cardiff	Mold	1
2:28.27	430	F	29/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	Mold	1
2:27.65	435	H	29/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	Mold	1
2:35.08	375	F	13/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Mold	1
2:32.54	394	F	06/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Mold	1
2:36.14	368	H	06/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Mold	1
2:37.78	356	H	18/12/11	Northampton Winter Festival Open Meet	Corby	Mold	1
2:42.28	328	H	01/08/11	Welsh Summer Nationals	Swansea	Mold	1
2:46.38	304	F	15/05/11	City of Manchester Aquatics Open Meet	Manchester	Mold	1
2:48.87	291	H	22/04/11	Welsh Age Group & Youth Championships	Swansea	Mold	1
2:54.84	262	H	05/12/10	Northampton Winter Fest	Corby	Mold	1
2:59.87	240	H	15/05/10	Rotherham Metro LC Meet	Sheffield	Mold	1