Individual Best Times (All Time)

Stian Howard - (545756) - Banchory Beavers ASC - 200 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.99	403	H	01/06/13	East District Open & Grand Prix Round 3	Edinburgh	Banchory	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.99	403	H	01/06/13	East District Open & Grand Prix Round 3	Edinburgh	Banchory	1