

Individual Best Times (All Time)

Stian Howard - (545756) - Banchory Beavers ASC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.01	500	H	26/06/15	Scottish National Open Championships	Glasgow	South Aberde	1
1:10.13	398	F	04/05/14	Westhill Dolphin Drilling Invitational Meet 2014	Aberdeen	Banchory	2

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