## Individual Best Times (All Time)

## Rachel Carroll - (544076) - Blyth Lifeguard & Swimming Club - 100 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
1:19.44	375	Н	14/01/12	City of Sunderland New Year Meet	Sunderland	Blyth	3	

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.44	375	Н	14/01/12	City of Sunderland New Year Meet	Sunderland	Blyth	3