

Individual Best Times (All Time)

Annabel Speers - (542743) - Basildon and Phoenix SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:07.70	447	H	11/04/15	Killerwhales Mid Qualifying Meet	Basildon		1
5:18.91	402	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Thurrock	1
5:31.78	357	H	24/11/13	Essex Winter Long Course Competition	Basildon	Thurrock	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:07.70	447	H	11/04/15	Killerwhales Mid Qualifying Meet	Basildon		1
5:18.91	402	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Thurrock	1
5:31.78	357	H	24/11/13	Essex Winter Long Course Competition	Basildon	Thurrock	1