## **Individual Best Times (All Time)**

Annabel Speers - (542743) - Basildon and Phoenix SC - 200 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                    | Venue    | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------|-----------------|-------|
| 2:42.02 | 439    | Н     | 19/02/17 | Essex Age Group Championships 2017      | Basildon | Basildon Ph     | 1     |
| 2:42.23 | 437    | Н     | 21/02/16 | Essex Age Group Championships 2016      | Basildon | Thurrock        | 1     |
| 2:46.39 | 405    | Н     | 18/02/18 | Essex Age Group Championships 2018      | Basildon | Basildon Ph     | 1     |
| 2:49.27 | 384    | F     | 18/04/14 | UEA City of Norwich Easter LC Meet 2014 | Norwich  | Thurrock        | 1     |
| 2:50.49 | 376    | F     | 04/01/15 | BWFSC Level 1 Long Course Meet          | London   | Thurrock        | 1     |
| 2:51.98 | 367    | Н     | 26/03/16 | Basildon & Phoenix Easter LC Meet 2016  | Basildon | Thurrock        | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                    | Venue    | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------|-----------------|-------|
| 2:46.39 | 405    | Н     | 18/02/18 | Essex Age Group Championships 2018      | Basildon | Basildon Ph     | 1     |
| 2:42.02 | 439    | Н     | 19/02/17 | Essex Age Group Championships 2017      | Basildon | Basildon Ph     | 1     |
| 2:51.98 | 367    | Н     | 26/03/16 | Basildon & Phoenix Easter LC Meet 2016  | Basildon | Thurrock        | 1     |
| 2:42.23 | 437    | Н     | 21/02/16 | Essex Age Group Championships 2016      | Basildon | Thurrock        | 1     |
| 2:50.49 | 376    | F     | 04/01/15 | BWFSC Level 1 Long Course Meet          | London   | Thurrock        | 1     |
| 2:49.27 | 384    | F     | 18/04/14 | UEA City of Norwich Easter LC Meet 2014 | Norwich  | Thurrock        | 1     |

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