

Individual Best Times (All Time)

James Elmer - (541001) - Trowbridge ASC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:01.39	331	H	16/06/12	British Gas South West Region AG Champs	Millfield	Trowbridge	1
3:09.92	288	H	11/06/11	BG South West Region Championships	Street	Trowbridge	1
3:12.85	275	F	23/10/10	3 Towers Open Meet	Millfield	Trowbridge	3
3:19.50	248	F	12/06/10	South West Age Groups	Millfield	Trowbridge	1
3:19.60	248	H	12/06/10	South West Age Groups	Millfield	Trowbridge	1
3:30.78	210	F	30/01/10	Team Bath Grand Prix	Bath	Trowbridge	1
3:34.85	199		04/12/09	Team Bath Bernie Nicol Mt	Bath	Trowbridge	3

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