Individual Best Times (All Time)

James Elmer - (541001) - Trowbridge ASC - 200 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:01.23	235	Н	19/06/10	BG South West Age Groups	Millfield	Trowbridge	1
3:02.63	230		10/04/10	Avalon Spring Open Meet	Millfield	Trowbridge	3
3:05.73	218	F	31/01/10	Team Bath Grand Prix	Bath	Trowbridge	1
3:14.69	189		04/12/09	Team Bath Bernie Nicol Mt	Bath	Trowbridge	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:01.23	3 235	Н	19/06/10	BG South West Age Groups	Millfield	Trowbridge	1
3:02.6	3 230		10/04/10	Avalon Spring Open Meet	Millfield	Trowbridge	3
3:05.73	3 218	F	31/01/10	Team Bath Grand Prix	Bath	Trowbridge	1
3:14.69	9 189		04/12/09	Team Bath Bernie Nicol Mt	Bath	Trowbridge	3

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