## Individual Best Times (All Time)

Sian Jones - (539974) - Trafford Metro Bor SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.90	513	Н	03/05/14	ASA East Region Youth Championships	Luton	Biggleswade	1
2:21.44	507	Н	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
2:21.78	504	Н	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Biggleswade	1
2:22.78	493	F	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Biggleswade	1
2:23.83	483	Н	02/06/13	BGASA East Region Age Group Champs	Norwich	Biggleswade	1
2:24.60	475	Н	31/01/16	Bedfordshire Age Group & County Champs	Luton	Biggleswade	1
2:24.60	475	Н	31/01/16	Bedfordshire Age Group & County Champs	Luton	Biggleswade	1
2:26.20	459	Н	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Biggleswade	1
2:26.93	453	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Biggleswade	1
2:28.21	441	Н	14/04/12	Radford SC 30th Open Meet	Sheffield	Biggleswade	1
2:30.41	422	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Biggleswade	1
2:30.69	420	Н	08/03/15	Bedfordshire ASA County Championships	Luton	Biggleswade	1
2:55.48	265	Н	10/07/10	Co Coventry Graham Sykes	Coventry	Biggleswade	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:21.44	507	Н	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
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2:21.78 pyright 2024	504 4	Н	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Biggleswade Powered By SPORT	1 SYSTEN

2:26.20	459	Н	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Biggleswade	1
2:28.21	441	Н	14/04/12	Radford SC 30th Open Meet	Sheffield	Biggleswade	1
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