Individual Best Times (All Time)

Sophie Spencer - (539817) - Haslemere Swimming Club - 200 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.88	519	F	22/02/15	Surrey Age Group Championships	Guildford	Haslemere	1
2:38.43	504	Н	14/06/14	ASA South East Region Age Group Championships	Crawley	Haslemere	1
2:39.21	497	F	14/06/14	ASA South East Region Age Group Championships	Crawley	Haslemere	1
2:39.65	492	F	17/05/14	COBEXE May Meet 2014	Hengrove	Haslemere	1
2:41.16	479	F	04/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Portsmouth N	1
2:42.33	468	Н	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
2:42.60	466	Н	17/05/15	ASASER Swimming Championships	Crawley	Portsmouth N	1
2:43.00	463	F	11/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Portsmouth N	1
2:43.06	462	Н	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Haslemere	1
2:43.43	459	F	16/11/13	Crawley Not So Early Bird Meet	Crawley	Haslemere	1
2:43.89	455	F	19/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Haslemere	1

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