

# Individual Best Times (All Time)

Sophie Spencer - (539817) - Haslemere Swimming Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.50	460	F	04/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Portsmouth N	1
2:41.02	447	F	22/02/15	Surrey Age Group Championships	Guildford	Haslemere	1
2:41.53	443	H	31/05/14	ASA South East Region Age Group Championships	Crawley	Haslemere	1
2:41.67	441	H	17/05/15	ASASER Swimming Championships	Crawley	Portsmouth N	1
2:41.71	441	F	05/06/16	Portsmouth Northsea LC Opportunity 2016	Portsmouth	Portsmouth N	3
2:42.36	436	F	17/05/14	COBEXE May Meet 2014	Hengrove	Haslemere	1
2:44.93	416	F	12/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Haslemere	1
2:46.83	402	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Haslemere	1
2:48.24	392	F	29/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Haslemere	1
2:48.53	390		25/05/13	ASA South East Region Age Group Champs	Crawley	Haslemere	1
3:12.76	260	H	15/01/12	Rushmoor Royals New Year Meet	Aldershot	Haslemere	3

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