

Individual Best Times (All Time)

Sophie Spencer - (539817) - Haslemere Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.32	522	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Portsmouth N	1
29.36	520	H	16/04/17	PNSC Easter Meet	Portsmouth	Portsmouth N	1
29.53	511	F	28/02/15	Surrey Age Group Championships	Crystal Palace	Haslemere	1
29.86	494	H	28/02/15	Surrey Age Group Championships	Crystal Palace	Haslemere	1
30.03	485	F	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Portsmouth N	1
30.18	478	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Portsmouth N	1
30.19	478	H	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
30.22	476	F	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Haslemere	1
30.37	469	H	17/05/15	ASASER Swimming Championships	Crawley	Portsmouth N	1
30.43	467	F	23/03/14	BG Surrey County Championships	Crystal Palace	Haslemere	1
30.54	462	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Haslemere	1
30.71	454	F	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Haslemere	1
30.73	453	H	23/03/14	BG Surrey County Championships	Crystal Palace	Haslemere	1
30.91	445	F	17/05/14	COBEXE May Meet 2014	Hengrove	Haslemere	1
32.30	390	H	23/03/13	Surrey Age Group County Champs	Crystal Palace	Haslemere	1
32.90	369	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Haslemere	1
35.10	304	H	11/03/12	Surrey County Championships	Guildford	Haslemere	1

Swims in Date Order

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29.36	520	H	16/04/17	PNSC Easter Meet	Portsmouth	Portsmouth N	1
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