Individual Best Times (All Time)

Emma Williams - (533550) - Gloucester Masters SC - 200 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:01.37	185		29/11/08	Welsh Capital Open Meet	Cardiff	Tewkesbury	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:01.37	185		29/11/08	Welsh Capital Open Meet	Cardiff	Tewkesbury	2