

# Individual Best Times (All Time)

Solomon Mhar - (531740) - Trafford Metro Bor SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.87	459	H	21/01/24	Derby Excel New Year Meet 2024	Sheffield	Trafford Met	1
30.48	390	H	15/03/14	Lancashire County Championships	Manchester	SwimTrafford	1
31.11	366	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield		1
31.26	361	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	SwimTrafford	1
31.27	361	H	12/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland		3
31.41	356	H	06/04/14	Stockport April Meet 2014	Stockport	SwimTrafford	1
31.91	339	H	18/01/14	Co Leeds New Year Meet 2014	Leeds	SwimTrafford	3

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