## **Individual Best Times (All Time)**

Sam Perkins - (530238) - Team Ipswich Swimming - 50 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.79	598	Н	01/05/22	SE East Region Long Course Championships 2022	Norwich	teamipswich	1
31.50	559	Н	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	teamipswich	1
31.95	535	Н	01/05/23	Swim England East Region LC Championships 2023	Norwich	teamipswich	1
31.98	534	Н	16/07/22	Team Luton Summer Long Course Meet 2022	Luton	teamipswich	3
32.10	528	Н	07/04/23	City of Norwich Easter Meet 2023	Norwich		1
32.11	527	Н	15/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
32.12	527	F	15/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
32.15	525	F	30/04/17	ASA East Long Course Championships	Luton	teamipswich	1
32.19	523	Н	26/07/17	British Summer Championships	Sheffield	teamipswich	1
32.42	512	Н	27/07/16	British Summer Championships	Sheffield	teamipswich	1
32.44	511	Н	12/03/17	Edinburgh International Meet 2017	Edinburgh	East Region	1
32.53	507	Н	30/04/17	ASA East Long Course Championships	Luton	teamipswich	1
32.61	503	Н	13/05/17	City of Sheffield No Frills Meet	Sheffield	teamipswich	1
32.75	497	F	27/07/16	British Summer Championships	Sheffield	teamipswich	1
32.75	497	Н	16/12/17	Swim England Winter Championships 2017	Sheffield	teamipswich	1
32.90	490	F	30/05/16	ASA East Region Long Course Championships	Luton	teamipswich	1
33.69	456	Н	30/05/16	ASA East Region Long Course Championships	Luton	teamipswich	1
33.73	455	Н	06/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
33.95	446	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	teamipswich	1
34.75	416	Н	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	teamipswich	1
37.20	339	F	25/05/15	ASA East Region Summer Championships	Norwich		1
37.46	332	Н	25/05/15	ASA East Region Summer Championships	Norwich		1
39.95	274	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1
44.93	192	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	teamipswich	1

Swims in Date Order

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Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.95	535	Н	01/05/23	Swim England East Region LC Championships 2023	Norwich	teamipswich	1
32.10	528	Н	07/04/23	City of Norwich Easter Meet 2023	Norwich		1
31.98	534	Н	16/07/22	Team Luton Summer Long Course Meet 2022	Luton	teamipswich	3
30.79	598	Н	01/05/22	SE East Region Long Course Championships 2022	Norwich	teamipswich	1
32.12	527	F	15/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
32.11	527	Н	15/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
31.50	559	Н	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	teamipswich	1
33.73	455	Н	06/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
32.75	497	Н	16/12/17	Swim England Winter Championships 2017	Sheffield	teamipswich	1
32.19	523	Н	26/07/17	British Summer Championships	Sheffield	teamipswich	1
32.61	503	Н	13/05/17	City of Sheffield No Frills Meet	Sheffield	teamipswich	1
32.15	525	F	30/04/17	ASA East Long Course Championships	Luton	teamipswich	1
32.53	507	Н	30/04/17	ASA East Long Course Championships	Luton	teamipswich	1
32.44	511	Н	12/03/17	Edinburgh International Meet 2017	Edinburgh	East Region	1
32.75	497	F	27/07/16	British Summer Championships	Sheffield	teamipswich	1
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