

Individual Best Times (All Time)

Sam Perkins - (530238) - Team Ipswich Swimming - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
54.02	652	F	02/08/18	Swim England National Summer Meet	Sheffield	teamipswich	1
54.32	641	H	02/08/18	Swim England National Summer Meet	Sheffield	teamipswich	1
54.87	622	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
55.06	616	H	22/04/18	National Arena Swimming League 48th Cup Final	Cardiff	teamipswich	1
55.56	599	F	05/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
55.86	590	H	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
55.95	587	H	05/11/17	East Region Winter Championships	Norwich	teamipswich	1
56.04	584	H	24/03/19	ESSA 69th National Inter-Divisional Championships	Crawley		1
56.22	579	H	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
56.29	576	F	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
56.31	576	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	teamipswich	1
56.35	575	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	teamipswich	1
56.41	573	H	13/05/17	City of Sheffield No Frills Meet	Sheffield	teamipswich	1
56.45	572	H	22/12/19	Northampton Swimming Club Winter Festival	Corby	teamipswich	1
56.57	568	H	29/04/23	Swim England East Region LC Championships 2023	Norwich	teamipswich	1
57.67	536	F	03/08/16	ASA Summer Nationals 2016	Sheffield	teamipswich	1
57.72	535	H	03/08/16	ASA Summer Nationals 2016	Sheffield	teamipswich	1
58.01	527	H	18/09/16	Bedfordshire ASA Junior Inter-County Competition	Luton	Suffolk	1
58.47	514	H	29/05/16	ASA East Region Long Course Championships	Luton	teamipswich	1
58.99	501	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	teamipswich	1
59.51	488	H	23/04/16	National Arena Swimming League 16th B Final	Cardiff	teamipswich	1
59.52	487	F	29/05/16	ASA East Region Long Course Championships	Luton	teamipswich	1
1:03.95	393	H	24/05/15	ASA East Region Summer Championships	Norwich		1
1:07.69	331	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1
1:12.38	271	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	teamipswich	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.57	568	H	29/04/23	Swim England East Region LC Championships 2023	Norwich	teamipswich	1
55.86	590	H	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
56.45	572	H	22/12/19	Northampton Swimming Club Winter Festival	Corby	teamipswich	1
56.31	576	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	teamipswich	1
56.04	584	H	24/03/19	ESSA 69th National Inter-Divisional Championships	Crawley		1
54.02	652	F	02/08/18	Swim England National Summer Meet	Sheffield	teamipswich	1
54.32	641	H	02/08/18	Swim England National Summer Meet	Sheffield	teamipswich	1
55.56	599	F	05/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
54.87	622	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
55.06	616	H	22/04/18	National Arena Swimming League 48th Cup Final	Cardiff	teamipswich	1
55.95	587	H	05/11/17	East Region Winter Championships	Norwich	teamipswich	1
56.35	575	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	teamipswich	1
56.41	573	H	13/05/17	City of Sheffield No Frills Meet	Sheffield	teamipswich	1
56.29	576	F	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
56.22	579	H	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
58.01	527	H	18/09/16	Bedfordshire ASA Junior Inter-County Competition	Luton	Suffolk	1
57.67	536	F	03/08/16	ASA Summer Nationals 2016	Sheffield	teamipswich	1
57.72	535	H	03/08/16	ASA Summer Nationals 2016	Sheffield	teamipswich	1
59.52	487	F	29/05/16	ASA East Region Long Course Championships	Luton	teamipswich	1
58.47	514	H	29/05/16	ASA East Region Long Course Championships	Luton	teamipswich	1
58.99	501	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	teamipswich	1
59.51	488	H	23/04/16	National Arena Swimming League 16th B Final	Cardiff	teamipswich	1
1:03.95	393	H	24/05/15	ASA East Region Summer Championships	Norwich		1
1:07.69	331	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1
1:12.38	271	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	teamipswich	1