

Individual Best Times (All Time)

Kaelah Lawson - (526351) - City Of Milton Keynes - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.97	540	H	14/05/17	Team Luton May Long Course Meet 2017	Luton	Co Milton K	1
33.00	539	H	14/04/18	Team Luton April Long Course Meet 2018	Luton	Co Milton K	1
33.30	524	H	13/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Co Milton K	1
33.47	516	H	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Co Milton K	1
33.54	513	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Co Milton K	1
33.57	512	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Co Milton K	1
33.58	511	H	20/04/19	Beckenham Easter International Open 2019	London	Co Milton K	1
33.69	506	H	05/05/18	Swim England South East Championships 2018	Wycombe	Co Milton K	1
33.72	505	F	28/05/17	PNSC May Madness Meet	Portsmouth	Co Milton K	1
33.95	495	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Co Milton K	1
34.08	489	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Co Milton K	1
34.09	489	H	16/04/17	Team Luton April Long Course Meet 2017	Luton	Co Milton K	1
34.17	485	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Co Milton K	1
34.24	482	H	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Co Milton K	1
34.28	481	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Co Milton K	1
34.30	480	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Bedford SS	1
34.38	476	F	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Co Milton K	1
34.60	467	H	28/05/16	ASA South East Region Swimming Championships	Crawley	Co Milton K	1
34.99	452	H	17/04/16	Team Luton April Long Course Meet	Luton	Co Milton K	1
35.03	450	H	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bedford SS	1
35.03	450	H	25/05/15	ASA East Region Summer Championships	Norwich		1
35.54	431	H	10/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Co Milton K	1
35.90	418	H	12/04/15	Team Luton April Long Course Meet	Luton		1
35.97	416	H	16/05/15	Northampton Spring Festival	Corby		1
36.07	412	H	17/01/15	City of Sunderland New Year Meet	Sunderland		1
36.34	403	H	22/03/15	Bedfordshire ASA County Championships	Luton		1
37.16	370	H	05/07/14	Bishop Stafford End of Season Open Meet	Luton	Bedford SS	2

37.10	379	H	05/07/14	Bishop Stortford End of Season Open Meet	Luton	Bedford SS	3
39.72	309	H	13/07/13	Northampton Summer Festival Open Meet	Northampton	Bedford SS	3
43.04	243	H	19/05/12	Northampton SC May Open Meet	Corby	Bedford SS	1
43.31	238	H	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Bedford SS	1
43.92	228	H	14/07/12	Northampton SC Summer Festival Meet 2012	Corby	Bedford SS	4
44.45	220	H	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	Bedford SS	3
46.53	192		17/03/12	Northamptonshire County Championships	Corby	Bedford SS	1
49.53	159	H	28/08/11	Worksop Dolphins 27th Dukeries Open Meet	Sheffield	Bedford SS	4
51.30	143	H	09/07/11	Northampton SC Summer Festival Open Meet	Corby	Bedford SS	4

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