

Individual Best Times (All Time)

Aiyana Lawson - (526347) - City Of Milton Keynes - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:12.38	619	H	08/03/15	Bedfordshire ASA County Championships	Luton		1
2:13.10	609	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	Co Milton K	1
2:13.57	603	H	25/05/15	ASA East Region Summer Championships	Norwich		1
2:13.66	601	H	27/05/16	City of Cardiff Open Meet	Cardiff		1
2:14.02	597	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Bedford SS	1
2:14.68	588	F	25/05/15	ASA East Region Summer Championships	Norwich		1
2:15.15	582	H	18/05/14	Northampton SC Spring Festival Open Meet	Corby	Bedford SS	1
2:15.45	578	H	17/04/16	Team Luton April Long Course Meet	Luton	Co Milton K	1
2:15.65	575	F	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bedford SS	1
2:15.74	574	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Co Milton K	1
2:15.82	573	F	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Bedford SS	1
2:16.30	567	F	18/05/14	Northampton SC Spring Festival Open Meet	Corby	Bedford SS	1
2:16.33	567	F	04/08/15	ASA Summer Nationals 2015	Sheffield		1
2:16.56	564	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Bedford SS	1
2:16.81	561	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Bedford SS	1
2:17.24	555	H	12/04/15	Team Luton April Long Course Meet	Luton		1
2:17.25	555	H	21/12/13	Northampton Winter Festival Open Meet	Corby	Bedford SS	1
2:17.34	554	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Bedford SS	1
2:17.35	554	H	04/08/15	ASA Summer Nationals 2015	Sheffield		1
2:17.57	551	H	18/04/15	British Championships 2015	London		1
2:17.62	551	H	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland		1
2:17.95	547	F	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Bedford SS	1
2:18.50	540	F	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Bedford SS	1
2:18.83	537	H	17/05/15	Northampton Spring Festival	Corby		1
2:19.58	528	H	05/07/14	Bishop Stortford End of Season Open Meet	Luton	Bedford SS	3
2:19.65	527	H	26/01/14	Central Zonal Meet 2014	Corby	Bedford SS	1
2:19.76	526	F	02/06/13	BG ASA East Region Age Group Champs	Norwich	Bedford SS	1

2:19.76	526	F	02/06/13	BGASA East Region Age Group Champs	Norwich	Bedford SS	1
2:19.87	525	H	17/01/15	City of Sunderland New Year Meet	Sunderland		1
2:20.13	522	H	11/05/13	City of Coventry SC May Open Meet	Coventry	Bedford SS	1
2:20.24	521	H	02/06/13	BGASA East Region Age Group Champs	Norwich	Bedford SS	1
2:21.42	508	H	27/01/13	ASA Central Region Zonal Competition	Corby	Bedford SS	1
2:21.54	506	H	02/08/13	Swim Wales Summer Nationals	Swansea	Bedford SS	1
2:22.20	499	H	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Bedford SS	1
2:22.55	496	H	19/05/13	Northampton Spring Meet 2013	Corby	Bedford SS	1
2:23.64	484	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Bedford SS	1
2:25.71	464	H	02/06/12	Midlands Age Group Championships	Coventry	Bedford SS	1
2:25.91	462	H	20/05/12	Northampton SC May Open Meet	Corby	Bedford SS	1
2:26.53	456	H	15/07/12	Northampton SC Summer Festival Meet 2012	Corby	Bedford SS	4
2:27.02	452	F	02/06/12	Midlands Age Group Championships	Coventry	Bedford SS	1
2:28.68	437		18/03/12	Northamptonshire County Championships	Corby	Bedford SS	1
2:30.30	423	H	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Bedford SS	1
2:38.57	360	H	09/07/11	Northampton SC Summer Festival Open Meet	Corby	Bedford SS	4
2:40.48	347	H	04/06/11	BG Midlands Age Group Championships	Coventry	Bedford SS	1
2:41.51	341	H	22/05/11	Northampton May Open Meet	Corby	Bedford SS	1
2:41.53	340		20/03/11	Northamptonshire County Championships	Corby	Bedford SS	1
3:07.68	217	H	10/07/10	Northampton Summer Meet	Corby	Bedford SS	4
3:12.32	202		13/03/10	Northants County Champs	Corby	Bedford SS	1

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