

Individual Best Times (All Time)

Aiyana Lawson - (526347) - City Of Milton Keynes - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.84	674	F	02/08/18	Swim England National Summer Meet	Sheffield	Co Milton K	1
2:24.22	668	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Co Milton K	1
2:25.18	655	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Co Milton K	1
2:25.28	654	F	02/08/19	Swim England National Summer Meet	Sheffield	Co Milton K	1
2:25.36	653	H	29/07/17	British Summer Championships	Sheffield	Co Milton K	1
2:25.42	652	F	26/05/19	City of Cardiff International Open Meet	Cardiff	Co Milton K	1
2:25.65	649	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Co Milton K	1
2:25.81	647	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Co Milton K	1
2:25.88	646	H	15/04/18	Team Luton April Long Course Meet 2018	Luton	Co Milton K	1
2:25.94	645	H	06/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Co Milton K	1
2:26.19	642	F	28/05/17	PNSC May Madness Meet	Portsmouth	Co Milton K	1
2:26.19	642	H	21/04/19	Beckenham Easter International Open 2019	London	Co Milton K	1
2:26.20	641	H	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Co Milton K	1
2:26.60	636	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	Co Milton K	1
2:26.60	636	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Co Milton K	1
2:26.65	636	H	30/07/16	British Summer Championships	Sheffield	Co Milton K	1
2:26.69	635	H	22/03/15	Bedfordshire ASA County Championships	Luton	Co Milton K	1
2:26.80	634	F	29/07/17	British Summer Championships	Sheffield	Co Milton K	1
2:26.81	633	H	02/08/19	Swim England National Summer Meet	Sheffield	Co Milton K	1
2:27.04	631	H	26/05/19	City of Cardiff International Open Meet	Cardiff	Co Milton K	1
2:27.22	628	H	15/03/20	Edinburgh International	Edinburgh	Newcastle	1
2:27.32	627	H	02/08/18	Swim England National Summer Meet	Sheffield	Co Milton K	1
2:27.53	624	H	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Co Milton K	1
2:27.53	624	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Co Milton K	1
2:27.55	624	F	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Co Milton K	1
2:27.56	624	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Co Milton K	1
2:27.88	621	H	16/04/18	Team Luton April Long Course Meet	Luton	Co Milton K	1

2:27.02	621	H	10/04/16	Team Luton April Long Course Meet	Luton	Co Milton K	1
2:27.90	620	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Co Milton K	1
2:27.99	618	H	06/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Co Milton K	1
2:28.12	617	H	09/04/17	The National Arena Swimming League 47th Cup Final	Cardiff	Co Milton K	1
2:28.49	612	H	07/05/18	Swim England South East Championships 2018	Wycombe	Co Milton K	1
2:28.63	610	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Co Milton K	1
2:29.15	604	H	02/05/16	ASA South East Region Swimming Championships	Portsmouth	Co Milton K	1
2:29.23	603	H	13/05/17	Team Luton May Long Course Meet 2017	Luton	Co Milton K	1
2:29.37	601	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Bedford SS	1
2:29.49	600	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Co Milton K	1
2:29.99	594	F	23/05/15	ASA East Region Summer Championships	Norwich		1
2:30.08	593	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Co Milton K	1
2:30.30	590	H	23/05/15	ASA East Region Summer Championships	Norwich		1
2:30.43	589	F	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	Co Milton K	1
2:30.53	588	H	28/07/15	British Summer Championships	Sheffield		1
2:30.60	587	H	07/05/18	Swim England South East Championships 2018	Wycombe	Co Milton K	1
2:30.78	585	H	17/01/15	City of Sunderland New Year Meet	Sunderland		1
2:31.05	582	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Co Milton K	1
2:31.18	580	H	16/04/15	British Championships 2015	London		1
2:32.87	561	F	07/06/14	BGASA East Region Championships 2014	Norwich	Bedford SS	1
2:33.15	558	H	24/07/13	BG ASA National Age Groups 2013	Sheffield	Bedford SS	1
2:33.19	558	H	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Co Milton K	1
2:33.25	557	F	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Bedford SS	1
2:33.43	555	H	07/06/14	BGASA East Region Championships 2014	Norwich	Bedford SS	1
2:33.44	555	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Bedford SS	1
2:33.50	554	H	02/05/16	ASA South East Region Swimming Championships	Portsmouth	Co Milton K	1
2:34.04	548	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Bedford SS	1
2:34.22	546	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Bedford SS	1
2:34.47	544	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Co Milton K	1
2:35.03	538	H	22/12/13	Northampton Winter Festival Open Meet	Corby	Bedford SS	1
2:35.14	537	H	01/06/13	BGASA East Region Age Group Champs	Norwich	Bedford SS	1
2:35.25	536	H	05/07/14	Bishop Stortford End of Season Open Meet	Luton	Bedford SS	3
2:35.88	529	H	27/01/13	ASA Central Region Zonal Competition	Corby	Bedford SS	1
2:36.38	524	F	01/06/13	BGASA East Region Age Group Champs	Norwich	Bedford SS	1
2:36.58	522	H	26/01/14	Central Zonal Meet 2014	Corby	Bedford SS	1
2:36.86	519	H	18/05/14	Northampton SC Spring Festival Open Meet	Corby	Bedford SS	1
2:37.28	515	H	19/10/13	Lincoln Vulcans Long Course Meet	Sheffield	Bedford SS	1
2:39.05	498	H	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Bedford SS	1
2:40.88	481	H	16/12/12	Northampton SC Winter Festival Open Meet	Corby	Bedford SS	1
2:46.00	438	H	20/05/12	Northampton SC May Open Meet	Corby	Bedford SS	1
2:47.23	428	H	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Bedford SS	1
2:48.06	422	H	10/06/12	Midland Age Group Championships	Coventry	Bedford SS	1
2:51.28	399	H	15/07/12	Northampton SC Summer Festival Meet 2012	Corby	Bedford SS	4
2:51.38	398		12/02/12	Northamptonshire County Championships	Corby	Bedford SS	1
2:56.43	365	H	18/12/11	Northampton Winter Festival Open Meet	Corby	Bedford SS	1
3:02.11	332		19/03/11	Northamptonshire County Championships	Corby	Bedford SS	1
3:03.50	324	H	22/05/11	Northampton May Open Meet	Corby	Bedford SS	1
3:03.65	323	H	12/06/11	BG Midlands Age Group Championships	Coventry	Bedford SS	1
3:05.69	313	H	09/07/11	Northampton SC Summer Festival Open Meet	Corby	Bedford SS	4
3:31.55	211	H	10/07/10	Northampton Summer Meet	Corby	Bedford SS	4

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