

Individual Best Times (All Time)

Aiyana Lawson - (526347) - City Of Milton Keynes - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.94	628	H	15/04/18	Team Luton April Long Course Meet 2018	Luton	Co Milton K	1
1:06.96	627	H	13/03/20	Edinburgh International	Edinburgh	Newcastle	1
1:07.28	618	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Co Milton K	1
1:07.60	609	H	19/04/19	Beckenham Easter International Open 2019	London	Co Milton K	1
1:07.97	600	H	16/02/20	Speedo and BUCS Long Course Swimming Champs 2020	Sheffield	Newcastle	1
1:08.13	595	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	Co Milton K	1
1:08.14	595	H	20/12/15	Northampton 2015 Long Course Winter Festival	Corby	Co Milton K	1
1:08.22	593	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	Co Milton K	1
1:08.43	588	H	21/03/15	Bedfordshire ASA County Championships	Luton		1
1:08.88	576	H	01/05/16	ASA South East Region Swimming Championships	Portsmouth	Co Milton K	1
1:08.95	574	H	12/01/20	City of Sunderland New Year Meet 2020	Sunderland	Newcastle	1
1:09.09	571	H	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Co Milton K	1
1:09.16	569	F	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland		1
1:09.25	567	H	29/07/15	British Summer Championships	Sheffield		1
1:09.30	566	H	24/05/19	City of Cardiff International Open Meet	Cardiff	Co Milton K	1
1:09.37	564	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Co Milton K	1
1:09.46	562	H	16/04/16	Team Luton April Long Course Meet	Luton	Co Milton K	1
1:09.71	556	H	08/02/15	Bedfordshire ASA Junior Inter-County Competition	Luton	Bedfordshire	3
1:09.77	554	F	17/05/15	Northampton Spring Festival	Corby		1
1:09.80	554	H	04/08/16	ASA Summer Nationals 2016	Sheffield	Co Milton K	1
1:09.83	553	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Co Milton K	1
1:10.30	542	H	13/05/17	Team Luton May Long Course Meet 2017	Luton	Co Milton K	1
1:10.36	540	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bedford SS	1
1:10.50	537	F	24/05/15	ASA East Region Summer Championships	Norwich		1
1:10.76	531	F	19/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Co Milton K	1
1:10.78	531	F	29/05/17	PNSC May Madness Meet	Portsmouth	Co Milton K	1
1:11.10	522	H	20/04/17	ASA South East Region Championships 2017	Wycombe	Co Milton K	1

1:11.12	523	H	30/04/17	ASA South East Region Championships 2017	Wycombe	Co Milton K	1
1:11.20	522	H	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Co Milton K	1
1:11.22	521	F	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Co Milton K	1
1:11.28	520	H	17/05/15	Northampton Spring Festival	Corby		1
1:11.78	509	H	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bedford SS	1
1:11.79	509	H	24/05/15	ASA East Region Summer Championships	Norwich		1
1:12.18	501	H	16/04/15	British Championships 2015	London		1
1:12.26	499	H	14/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Bedford SS	1
1:12.70	490	H	07/07/13	ASA East Region Intercounty Championships	Luton	Bedford SS	1
1:13.01	484	H	12/05/13	City of Coventry SC May Open Meet	Coventry	Bedford SS	1
1:13.02	483	H	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland		1
1:13.15	481	H	10/02/13	Derventio February Festival	Sheffield	Bedford SS	1
1:13.22	480	H	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Bedford SS	1
1:13.39	476	H	06/07/14	ASA East Region Inter County Championships	Basildon	Bedford SS	1
1:13.67	471	H	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Bedford SS	1
1:14.08	463	F	14/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Bedford SS	1
1:14.11	462	H	19/10/13	Lincoln Vulcans Long Course Meet	Sheffield	Bedford SS	1
1:14.21	461	H	31/07/13	Swim Wales Summer Nationals	Swansea	Bedford SS	1
1:14.25	460	H	08/06/13	BGASA East Region Age Group Champs	Norwich	Bedford SS	1
1:14.34	458	H	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Bedford SS	1
1:15.19	443	H	16/11/13	Team Luton Autumn LC Open Meet	Luton	Bedford SS	1
1:15.23	442	F	08/06/13	BGASA East Region Age Group Champs	Norwich	Bedford SS	1
1:15.26	442	H	22/12/13	Northampton Winter Festival Open Meet	Corby	Bedford SS	1
1:15.45	438	H	16/12/12	Northampton SC Winter Festival Open Meet	Corby	Bedford SS	1
1:15.61	435	H	18/05/14	Northampton SC Spring Festival Open Meet	Corby	Bedford SS	1
1:15.91	430	H	19/05/13	Northampton Spring Meet 2013	Corby	Bedford SS	1
1:15.93	430	F	31/07/13	Swim Wales Summer Nationals	Swansea	Bedford SS	1
1:17.19	409	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Bedford SS	1
1:20.11	366	H	06/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Bedford SS	1
1:20.29	364	H	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	Bedford SS	3
1:20.52	360	H	20/05/12	Northampton SC May Open Meet	Corby	Bedford SS	1
1:20.61	359	H	02/06/12	Midlands Age Group Championships	Coventry	Bedford SS	1
1:20.61	359	H	15/07/12	Northampton SC Summer Festival Meet 2012	Corby	Bedford SS	4
1:22.02	341		12/02/12	Northamptonshire County Championships	Corby	Bedford SS	1
1:25.73	299	H	18/12/11	Northampton Winter Festival Open Meet	Corby	Bedford SS	1
1:26.92	286	H	28/08/11	Worksop Dolphins 27th Dukeries Open Meet	Sheffield	Bedford SS	4
1:28.76	269	H	09/07/11	Northampton SC Summer Festival Open Meet	Corby	Bedford SS	4
1:29.24	265	H	04/06/11	BG Midlands Age Group Championships	Coventry	Bedford SS	1
1:41.12	182	H	10/07/10	Northampton Summer Meet	Corby	Bedford SS	4

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1:09.77	554	F	17/05/15	Northampton Spring Festival	Corby		1
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