

Individual Best Times (All Time)

Aiyana Lawson - (526347) - City Of Milton Keynes - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.36	628	F	03/08/16	ASA Summer Nationals 2016	Sheffield	Co Milton K	1
31.44	623	H	13/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Co Milton K	1
31.67	610	H	14/03/20	Edinburgh International	Edinburgh	Newcastle	1
31.76	604	H	11/01/20	City of Sunderland New Year Meet 2020	Sunderland	Newcastle	1
31.89	597	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Co Milton K	1
31.93	595	H	03/08/16	ASA Summer Nationals 2016	Sheffield	Co Milton K	1
31.94	594	H	12/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Co Milton K	1
32.10	585	H	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Co Milton K	1
32.13	584	H	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Co Milton K	1
32.19	580	F	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Co Milton K	1
32.27	576	H	20/04/19	Beckenham Easter International Open 2019	London	Co Milton K	1
32.28	576	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Co Milton K	1
32.30	575	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Co Milton K	1
32.30	575	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Co Milton K	1
32.39	570	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Co Milton K	1
32.40	569	H	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	Co Milton K	1
32.51	563	H	27/05/16	City of Cardiff Open Meet	Cardiff	Co Milton K	1
32.51	563	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Co Milton K	1
32.57	560	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Co Milton K	1
32.60	559	H	30/04/16	ASA South East Region Swimming Championships	Portsmouth	Co Milton K	1
32.62	558	H	16/04/17	Team Luton April Long Course Meet 2017	Luton	Co Milton K	1
32.96	541	H	22/03/15	Bedfordshire ASA County Championships	Luton		1
32.97	540	H	08/08/15	ASA Summer Nationals 2015	Sheffield		1
33.05	536	H	16/05/15	Northampton Spring Festival	Corby		1
33.05	536	F	28/05/17	PNSC May Madness Meet	Portsmouth	Co Milton K	1
33.09	534	H	17/04/16	Team Luton April Long Course Meet	Luton	Co Milton K	1
33.10	530	H	20/04/17	ASA South East Region Championships 2017	Wycombe	Co Milton K	1

33.19	530	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Co Milton K	1
33.26	526	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Co Milton K	1
33.39	520	H	25/05/15	ASA East Region Summer Championships	Norwich		1
33.45	517	F	25/05/15	ASA East Region Summer Championships	Norwich		1
33.77	503	H	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Bedford SS	1
34.50	471	H	05/07/14	Bishop Stortford End of Season Open Meet	Luton	Bedford SS	3
36.52	397	H	19/05/12	Northampton SC May Open Meet	Corby	Bedford SS	1
38.68	334	H	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	Bedford SS	3
38.89	329	H	14/07/12	Northampton SC Summer Festival Meet 2012	Corby	Bedford SS	4
39.44	315		17/03/12	Northamptonshire County Championships	Corby	Bedford SS	1
41.59	269	H	09/07/11	Northampton SC Summer Festival Open Meet	Corby	Bedford SS	4
41.97	262	H	21/05/11	Northampton May Open Meet	Corby	Bedford SS	1
42.12	259	H	28/08/11	Worksop Dolphins 27th Dukeries Open Meet	Sheffield	Bedford SS	4
47.83	177	H	10/07/10	Northampton Summer Meet	Corby	Bedford SS	4

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