

# Individual Best Times (All Time)

Adelle Hall - (525422) - Hillingdon Swimming Club - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.26	566	H	18/05/13	Bracknell & Wokingham Level 1 Open Meet	Aldershot	Hillingdon	1
2:48.14	547	F	15/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Hillingdon	1
2:48.77	541	H	03/05/14	London Region Youth Championships 2014	London	Hillingdon	1
2:49.23	536	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Hillingdon	1
2:49.67	532	H	26/01/14	ASA South Zonal Competition	Millfield School	Hillingdon	1
2:49.69	532	H	04/05/13	London Region Youth Championships	London	Hillingdon	1
2:50.86	521	F	17/12/11	Hillingdon Winter Open Meet	Hillingdon	Hillingdon	1
2:51.32	517	H	29/01/12	ASA South Zonal Meet	Millfield	Hillingdon	1
2:52.58	506	H	01/06/14	City of Sheffield No Frills Meet	Sheffield	Hillingdon	1
2:52.97	502	H	14/05/11	Rotherham Metro Level One Meet	Sheffield	Hillingdon	1
2:53.44	498		27/01/13	ASA Southern Region Zonal Competition	Crawley	Hillingdon	1
2:53.53	498	H	04/12/11	BG London Region Winter Championships	London	Hillingdon	1
2:53.64	497	H	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Hillingdon	1
2:53.86	495	H	05/05/12	London Swimming Youth Championships	Crystal Palace	Hillingdon	1
2:54.50	489	H	07/05/11	Berks & South Bucks No Frills Meet	Aldershot	Hillingdon	1
2:55.32	482	F	21/04/12	Crawley SC Spring Long Course Meet	Crawley	Hillingdon	1
2:57.34	466	H	30/04/11	BG London Region Youth Championships	London	Hillingdon	1
2:58.40	458	F	18/12/10	Hillingdon Winter Meet	Hillingdon	Hillingdon	1
3:00.45	442	H	31/10/10	Rushmoor Royals Open	Aldershot	Hillingdon	1
3:02.28	429	H	22/05/10	Bracknell & Wokingham Meet	Aldershot	Hillingdon	1
3:03.00	424	H	05/06/10	BG London Region Bagcats	London	Hillingdon	1
3:03.83	418	F	05/06/10	BG London Region Bagcats	London	Hillingdon	1
3:06.30	402	H	08/05/10	Beckenham Open	London	Hillingdon	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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2:52.58	506	H	01/06/14	City of Sheffield No Frills Meet	Sheffield	Hillingdon	1
2:48.77	541	H	03/05/14	London Region Youth Championships 2014	London	Hillingdon	1
2:49.67	532	H	26/01/14	ASA South Zonal Competition	Millfield School	Hillingdon	1
2:49.23	536	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Hillingdon	1
2:46.26	566	H	18/05/13	Bracknell & Wokingham Level 1 Open Meet	Aldershot	Hillingdon	1
2:49.69	532	H	04/05/13	London Region Youth Championships	London	Hillingdon	1
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