

# Individual Best Times (All Time)

Adelle Hall - (525422) - Hillingdon Swimming Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:26.92	632	H	26/05/13	City of Sheffield No Frill Meet	Sheffield	Hillingdon	1
2:29.56	599		27/01/13	ASA Southern Region Zonal Competition	Crawley	Hillingdon	1
2:30.90	583	H	26/01/14	ASA South Zonal Competition	Millfield School	Hillingdon	1
2:31.05	582	H	07/12/13	London Winter Championships	Ealing	Hillingdon	1
2:31.18	580		27/01/13	ASA Southern Region Zonal Competition	Crawley	Hillingdon	1
2:31.24	579	F	29/01/12	ASA South Zonal Meet	Millfield	Hillingdon	1
2:31.24	579	H	01/06/14	City of Sheffield No Frills Meet	Sheffield	Hillingdon	1
2:31.45	577	F	26/01/14	ASA South Zonal Competition	Millfield School	Hillingdon	1
2:31.50	576	H	29/01/12	ASA South Zonal Meet	Millfield	Hillingdon	1
2:31.58	576	H	04/05/13	London Region Youth Championships	London	Hillingdon	1
2:32.32	567	H	04/05/14	London Region Youth Championships 2014	London	Hillingdon	1
2:32.43	566	F	21/04/12	Crawley SC Spring Long Course Meet	Crawley	Hillingdon	1
2:33.49	554	H	05/05/12	London Swimming Youth Championships	Crystal Palace	Hillingdon	1
2:33.56	554	F	17/12/11	Hillingdon Winter Open Meet	Hillingdon	Hillingdon	1
2:33.92	550	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Hillingdon	1
2:36.23	526	H	15/05/11	Rotherham Metro Level One Meet	Sheffield	Hillingdon	1
2:38.01	508	H	07/05/11	Berks & South Bucks No Frills Meet	Aldershot	Hillingdon	1
2:44.66	449	H	06/06/10	BG London Region Bagcats	London	Hillingdon	1
2:45.90	439	F	20/11/10	Crawley Not So Early Bird	Crawley	Hillingdon	1
2:46.98	430	H	31/10/10	Rushmoor Royals Open	Aldershot	Hillingdon	1
2:48.75	417	H	09/05/10	Beckenham Open	London	Hillingdon	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:31.24	579	H	01/06/14	City of Sheffield No Frills Meet	Sheffield	Hillingdon	1
2:32.32	567	H	04/05/14	London Region Youth Championships 2014	London	Hillingdon	1

2:31.45	577	F	26/01/14	ASA South Zonal Competition	Millfield School	Hillingdon	1
2:30.90	583	H	26/01/14	ASA South Zonal Competition	Millfield School	Hillingdon	1
2:31.05	582	H	07/12/13	London Winter Championships	Ealing	Hillingdon	1
2:33.92	550	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Hillingdon	1
2:26.92	632	H	26/05/13	City of Sheffield No Frill Meet	Sheffield	Hillingdon	1
2:31.58	576	H	04/05/13	London Region Youth Championships	London	Hillingdon	1
2:29.56	599		27/01/13	ASA Southern Region Zonal Competition	Crawley	Hillingdon	1
2:31.18	580		27/01/13	ASA Southern Region Zonal Competition	Crawley	Hillingdon	1
2:33.49	554	H	05/05/12	London Swimming Youth Championships	Crystal Palace	Hillingdon	1
2:32.43	566	F	21/04/12	Crawley SC Spring Long Course Meet	Crawley	Hillingdon	1
2:31.24	579	F	29/01/12	ASA South Zonal Meet	Millfield	Hillingdon	1
2:31.50	576	H	29/01/12	ASA South Zonal Meet	Millfield	Hillingdon	1
2:33.56	554	F	17/12/11	Hillingdon Winter Open Meet	Hillingdon	Hillingdon	1
2:36.23	526	H	15/05/11	Rotherham Metro Level One Meet	Sheffield	Hillingdon	1
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