

Individual Best Times (All Time)

Adelle Hall - (525422) - Hillingdon Swimming Club - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-----------|-----------------|-------|
| 32.86 | 546 | H | 28/03/15 | City of Sheffield Swim Squad Premier Meet | Sheffield | Hillingdon | 1 |
| 33.62 | 509 | H | 20/02/16 | BUCS Long Course Championships | Sheffield | | 1 |
| 33.94 | 495 | H | 30/05/15 | London Regional Championships | London | | 1 |
| 38.33 | 344 | H | 24/05/09 | Rotherham Metro LC Meet | Sheffield | Hillingdon | 1 |
| 44.52 | 219 | | 24/05/08 | Wycombe District Sprint | Wycombe | Hillingdon | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-----------|-----------------|-------|
| 33.62 | 509 | H | 20/02/16 | BUCS Long Course Championships | Sheffield | | 1 |
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