

Individual Best Times (All Time)

Adelle Hall - (525422) - Hillingdon Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.81	550	H	29/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Hillingdon	1
28.85	548	F	15/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	Hillingdon	1
28.92	544	F	17/12/11	Hillingdon Winter Open Meet	Hillingdon	Hillingdon	1
29.01	539	H	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Hillingdon	1
29.10	534	H	03/05/14	London Region Youth Championships 2014	London	Hillingdon	1
29.21	528	H	08/12/13	London Winter Championships	Ealing	Hillingdon	1
29.58	508	H	05/05/12	London Swimming Youth Championships	Crystal Palace	Hillingdon	1
29.78	498	H	04/12/11	BG London Region Winter Championships	London	Hillingdon	1
29.81	496	H	30/05/15	London Regional Championships	London		1
30.09	483		30/01/11	London, South East and South West Zonal	London	Hillingdon	1
30.12	481	F	18/12/10	Hillingdon Winter Meet	Hillingdon	Hillingdon	1
30.97	443	H	31/10/10	Rushmoor Royals Open	Aldershot	Hillingdon	1
32.75	374	H	24/05/09	Rotherham Metro LC Meet	Sheffield	Hillingdon	1
37.13	257		24/05/08	Wycombe District Sprint	Wycombe	Hillingdon	3
37.17	256		18/10/08	Wycombe District BC Meet	Wycombe	Hillingdon	3

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