

Individual Best Times (All Time)

Lara Chapman - (522031) - Barnes SC - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:11.36	366	F	03/03/13	Surrey County Championships	Guildford	Barnes SC	1

Swims in Date Order

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