

Individual Best Times (All Time)

Martha Duley - (519476) - Colchester SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:18.53	702	H	09/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Colchester	1
2:20.53	672	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Colchester	1
2:20.56	672	H	29/04/17	ASA East Long Course Championships	Luton	Colchester	1
2:20.98	666	H	16/12/17	Swim England Winter Championships 2017	Sheffield	Colchester	1
2:21.02	665	F	05/08/16	ASA Summer Nationals 2016	Sheffield	Colchester	1
2:21.63	657	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Colchester	1
2:21.98	652	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Colchester	1
2:22.15	650	H	19/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	Colchester	1
2:22.15	650	F	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Colchester	1
2:22.17	649	F	03/05/14	ASA East Region Youth Championships	Luton	Colchester	1
2:22.48	645	H	19/02/17	Essex Age Group Championships 2017	Basildon	Colchester	1
2:22.60	643	H	05/08/16	ASA Summer Nationals 2016	Sheffield	Colchester	1
2:22.69	642	H	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	Colchester	1
2:23.06	637	F	05/05/18	East Swimming Long Course Championships 2018	Norwich	Colchester	1
2:23.49	632	H	27/07/18	British Summer Championships	Sheffield	Colchester	1
2:23.57	630	H	28/07/17	British Summer Championships	Sheffield	Colchester	1
2:23.65	629	H	03/05/14	ASA East Region Youth Championships	Luton	Colchester	1
2:23.86	627	F	18/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Colchester	1
2:24.11	623	F	30/04/16	ASA East Region Long Course Championships	Norwich	Colchester	1
2:24.19	622	F	29/04/17	ASA East Long Course Championships	Luton	Colchester	1
2:24.46	619	F	28/06/14	British Gas International Swimming Meet 2014	Manchester	Colchester	1
2:24.53	618	H	15/05/16	Team Luton May Long Course Meet	Luton	Colchester	1
2:24.68	616	H	27/06/14	British Gas International Swimming Meet 2014	Manchester	Colchester	1
2:24.79	615	H	30/04/16	ASA East Region Long Course Championships	Norwich	Colchester	1
2:24.80	615	H	21/02/16	Essex Age Group Championships 2016	Basildon	Colchester	1
2:24.94	613	H	04/11/17	East Region Winter Championships	Norwich	Colchester	1
2:24.98	612	H	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	Colchester	1

2:24.99	612	F	10/07/13	Basildon & Phoenix LC End of Season Meet	Basildon		
2:25.05	611	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Colchester	1
2:25.13	610	F	30/03/18	City of Norwich Easter Long Course Meet	Norwich	Colchester	1
2:25.33	608	H	08/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:26.00	599	F	04/11/17	East Region Winter Championships	Norwich	Colchester	1
2:26.12	598	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	Colchester	1
2:26.16	598	H	09/06/13	BGASA East Region Age Group Champs	Norwich	Colchester	1
2:26.71	591	F	09/06/13	BGASA East Region Age Group Champs	Norwich	Colchester	1
2:26.74	590	F	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
2:26.78	590	H	07/12/13	ASA East Regionals Winter Championships	Norwich	Colchester	1
2:26.81	590	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Colchester	1
2:27.10	586	H	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Colchester	1
2:27.23	585	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
2:27.29	584	F	07/12/13	ASA East Regionals Winter Championships	Norwich	Colchester	1
2:28.98	564	H	23/11/13	Essex Winter Long Course Competition	Basildon	Colchester	1
2:29.45	559	H	24/07/13	BG ASA National Age Groups 2013	Sheffield	Colchester	1
2:31.78	534	F	04/01/15	BWFSC Level 1 Long Course Meet	London	Colchester	1
2:37.58	477	H	25/11/12	Essex Winter Long Course Championships	Basildon	Colchester	1
2:39.11	463	H	26/01/13	ASA Central Region Zonal Competition	Corby	Colchester	1
2:39.56	459	H	10/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Colchester	1
2:43.65	426	H	26/11/11	Essex ASA Winter LC Championships	Basildon	Colchester	1
2:54.96	348	H	09/04/11	City of Norwich Easter Meet	Norwich	Colchester	1

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