

Individual Best Times (All Time)

Ben Lowndes - (5178) - Guernsey Swimming Club - 200 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:05.14	311	H	27/06/99	SCASA Championships	Crystal Palace	Guernsey	1

Swims in Date Order

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