

Individual Best Times (All Time)

Ben Lowndes - (5178) - Guernsey Swimming Club - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.33	368	H	01/07/00	Southern Counties Age Groups	Crystal Palace	Guernsey	1
1:20.15	357	H	17/11/01	Ealing Autumn LC Open Meet	Gurnell Pool	Guernsey	1
1:22.32	329	H	05/05/01	Southern Counties Champs	Crystal Palace	Guernsey	1
1:29.64	255	H	27/06/99	SCASA Championships	Crystal Palace	Guernsey	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.15	357	H	17/11/01	Ealing Autumn LC Open Meet	Gurnell Pool	Guernsey	1
1:22.32	329	H	05/05/01	Southern Counties Champs	Crystal Palace	Guernsey	1
1:19.33	368	H	01/07/00	Southern Counties Age Groups	Crystal Palace	Guernsey	1
1:29.64	255	H	27/06/99	SCASA Championships	Crystal Palace	Guernsey	1