

Individual Best Times (All Time)

Ben Lowndes - (5178) - Guernsey Swimming Club - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.20	495	H	07/10/10	Commonwealth Games 2010	Delhi, India	Guernsey	1
1:18.47	284	H	03/07/99	SCASA Championships	Crystal Palace	Guernsey	1
1:21.14	257	H	02/05/98	SCASA Championships	Crystal Palace	Guernsey	1
1:25.97	216		03/05/97	SCASA Championships	Crystal Palace	Guernsey	1

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