

Individual Best Times (All Time)

Emily Locke - (517199) - Southwold Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:09.08	441	F	12/01/13	Exeter City Open Meet	Cardiff	Southwold	1
5:25.61	377	F	21/01/12	Exeter City Level 1 Open Meet	Cardiff	Southwold	1
5:58.18	283	H	13/06/10	South West Age Groups	Millfield	Southwold	1
6:17.72	241		23/01/10	Exeter City New Year Meet	Millfield	Southwold	1

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