

Individual Best Times (All Time)

Ben Trott - (515533) - Flitwick Dolphins SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.59	417	H	21/03/15	Bedfordshire ASA County Championships	Luton		1
2:42.41	345	F	31/03/13	City of Norwich SC Easter Meet 2013	Norwich	Flitwick	1
2:43.11	341	H	15/04/12	Radford SC 30th Open Meet	Sheffield	Flitwick	1
3:07.89	223	H	10/07/10	Co Coventry Graham Sykes	Coventry	Flitwick	3
3:47.36	126	H	12/07/08	C of Coventry Graded Open	Coventry	Flitwick	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.59	417	H	21/03/15	Bedfordshire ASA County Championships	Luton		1
2:42.41	345	F	31/03/13	City of Norwich SC Easter Meet 2013	Norwich	Flitwick	1
2:43.11	341	H	15/04/12	Radford SC 30th Open Meet	Sheffield	Flitwick	1
3:07.89	223	H	10/07/10	Co Coventry Graham Sykes	Coventry	Flitwick	3
3:47.36	126	H	12/07/08	C of Coventry Graded Open	Coventry	Flitwick	3