

# Individual Best Times (All Time)

Hannah Binning - (513187) - Hornchurch SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.12	570	H	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Romford Town	1
1:09.64	557	F	08/06/13	ASA London Region Age Group Championship	London	Romford Town	1
1:09.87	552	H	08/06/13	ASA London Region Age Group Championship	London	Romford Town	1
1:10.26	543	H	14/06/14	London Region Age Group Championships	Stratford	Romford Town	1
1:10.32	541	F	14/06/14	London Region Age Group Championships	Stratford	Romford Town	1
1:10.75	532	F	18/07/13	Irish Age Group Championships	Dublin	Romford Town	1
1:10.75	532	F	14/12/13	London National Arena Swimming League	Basildon	Romford Town	1
1:10.77	531	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Romford Town	1
1:10.82	530	F	13/04/14	Crawley Spring Open Meet	Crawley	Romford Town	1
1:10.83	530	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Romford Town	1
1:11.29	520	H	07/12/13	London Winter Championships	Ealing	Romford Town	1
1:11.35	518	H	24/11/13	Essex Winter Long Course Competition	Basildon	Romford Town	1
1:11.57	513	F	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	Romford Town	3
1:11.84	508	H	18/07/13	Irish Age Group Championships	Dublin	Romford Town	1
1:12.09	502	H	21/01/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
1:12.09	502	H	21/01/17	Essex Age Group Championships 2017	Basildon	Romford Town	1
1:12.09	502	H	21/01/17	Essex Age Group Championships	London	Romford Town	1
1:12.29	498	H	04/05/15	London Region Summer Championships	Crystal Palace	Romford Town	1
1:12.42	496	H	20/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	Romford Town	1
1:12.59	492	F	04/05/15	London Region Summer Championships	Crystal Palace	Romford Town	1
1:12.63	491	H	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Romford Town	1
1:13.05	483	F	08/12/12	London Arena League Final	Basildon	Romford Town	1
1:13.27	479	H	23/01/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
1:13.27	479	H	23/01/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
1:13.34	477	H	18/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	Romford Town	1
1:13.39	476	H	16/12/12	Basildon & Phoenix LC Winter Meet	Basildon	Romford Town	1
1:13.83	468	F	14/04/13	City of Bristol Level One Open Meet	Bristol	Romford Town	1

1:13.03	400	F	14/04/13	City of Bristol Level One Open Meet	Bristol	Romford Town	1
1:13.94	466	F	23/01/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
1:13.94	466	F	23/01/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
1:14.00	464	H	19/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Romford Town	1
1:14.52	455	H	29/04/17	2017 London Swimming Regional Youth Championships	Stratford	Romford Town	1
1:14.65	452	F	09/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Romford Town	1
1:14.86	449	H	09/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Romford Town	1
1:14.91	448	H	19/01/13	Killerwhales SC Winter Open Meet	Basildon	Romford Town	1
1:15.10	444	H	26/05/12	Greenwich Borough ASA Beacon Open Meet	Crystal Palace	Romford Town	1
1:19.27	378	H	14/05/11	Rotherham Metro Level One Meet	Sheffield	Romford Town	1
1:20.28	364	H	09/04/11	Bexley Long Course Open Meet	Crystal Palace	Romford Town	1
1:20.95	355	H	09/07/11	Northampton SC Summer Festival Open Meet	Corby	Romford Town	4
1:22.86	331	F	19/12/10	Hillingdon Winter Meet	Hillingdon	Romford Town	1
1:27.13	284	H	12/06/10	London Region Bagcats	London	Romford Town	1
1:28.96	267		17/04/10	Taunton Deane Easter Meet	Millfield	Romford Town	1

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