

# Individual Best Times (All Time)

Alan Wong - (510787) - Swim Bournemouth - 100 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.91	463	H	05/05/13	ASA South West Regional Championships	Millfield	S Bournem'th	1
1:04.16	457	F	30/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	S Bournem'th	1
1:04.21	456	F	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	S Bournem'th	1
1:04.69	446	F	13/01/13	Portsmouth Northsea SC Level 1 Open Meet	Portsmouth	S Bournem'th	1
1:04.91	442	F	31/07/10	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:04.92	441	F	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1
1:05.03	439	H	17/06/12	British Gas South West Region AG Champs	Millfield	S Bournem'th	1
1:05.11	438	H	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	S Bournem'th	1
1:05.18	436	F	17/11/12	Welsh Capital Open Meet 2012	Cardiff	S Bournem'th	1
1:05.22	435	F	19/06/11	British Gas SWR Age Group Championships	Millfield School	S Bournem'th	1
1:05.31	434	H	16/12/11	Plymouth Leander Long Course Open	Millfield	S Bournem'th	1
1:05.59	428	F	16/12/11	Plymouth Leander Long Course Open	Millfield	S Bournem'th	1
1:06.18	417	H	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1
1:06.62	408	H	19/06/11	British Gas SWR Age Group Championships	Millfield School	S Bournem'th	1
1:06.71	407	F	22/01/11	Exeter City New Year Long Course Meet	Cardiff	S Bournem'th	1
1:07.00	402	H	31/07/10	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:08.05	383		04/04/10	Portsmouth Northsea Easter Meet	Portsmouth	S Bournem'th	1
1:08.28	379	F	20/06/10	BG South West Age Groups	Millfield	S Bournem'th	1
1:09.03	367	H	20/06/10	BG South West Age Groups	Millfield	S Bournem'th	1
1:09.41	361		04/04/10	Portsmouth Northsea Easter Meet	Portsmouth	S Bournem'th	1
1:10.20	349		23/01/10	Exeter City New Year Meet	Millfield	S Bournem'th	1
1:10.75	341	F	25/07/09	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:11.66	328	F	14/06/09	South West Region Age Grps	Millfield	S Bournem'th	1
1:12.08	322	H	25/07/09	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:13.52	304	H	14/06/09	South West Region Age Grps	Millfield	S Bournem'th	1
1:15.91	276		18/04/09	Taunton Deane Easter Meet	Millfield	S Bournem'th	2
1:22.07	217		20/11/09	Welsh Capital Open Meet	Cardiff	S Bournem'th	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:04.21	456	F	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	S Bournem'th	1
1:03.91	463	H	05/05/13	ASA South West Regional Championships	Millfield	S Bournem'th	1
1:04.16	457	F	30/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	S Bournem'th	1
1:04.69	446	F	13/01/13	Portsmouth Northsea SC Level 1 Open Meet	Portsmouth	S Bournem'th	1
1:05.18	436	F	17/11/12	Welsh Capital Open Meet 2012	Cardiff	S Bournem'th	1
1:05.03	439	H	17/06/12	British Gas South West Region AG Champs	Millfield	S Bournem'th	1
1:05.11	438	H	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	S Bournem'th	1
1:05.59	428	F	16/12/11	Plymouth Leander Long Course Open	Millfield	S Bournem'th	1
1:05.31	434	H	16/12/11	Plymouth Leander Long Course Open	Millfield	S Bournem'th	1
1:05.22	435	F	19/06/11	British Gas SWR Age Group Championships	Millfield School	S Bournem'th	1
1:06.62	408	H	19/06/11	British Gas SWR Age Group Championships	Millfield School	S Bournem'th	1
1:04.92	441	F	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1
1:06.18	417	H	23/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1
1:06.71	407	F	22/01/11	Exeter City New Year Long Course Meet	Cardiff	S Bournem'th	1
1:04.91	442	F	31/07/10	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:07.00	402	H	31/07/10	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:08.28	379	F	20/06/10	BG South West Age Groups	Millfield	S Bournem'th	1
1:09.03	367	H	20/06/10	BG South West Age Groups	Millfield	S Bournem'th	1
1:09.41	361		04/04/10	Portsmouth Northsea Easter Meet	Portsmouth	S Bournem'th	1
1:08.05	383		04/04/10	Portsmouth Northsea Easter Meet	Portsmouth	S Bournem'th	1
1:10.20	349		23/01/10	Exeter City New Year Meet	Millfield	S Bournem'th	1
1:10.75	341	F	25/07/09	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:12.08	322	H	25/07/09	British Gas Nat Age Grps	Sheffield	S Bournem'th	1
1:11.66	328	F	14/06/09	South West Region Age Grps	Millfield	S Bournem'th	1
1:13.52	304	H	14/06/09	South West Region Age Grps	Millfield	S Bournem'th	1
1:15.91	276		18/04/09	Taunton Deane Easter Meet	Millfield	S Bournem'th	2
1:22.27	217		29/11/08	Welsh Capital Open Meet	Cardiff	S Bournem'th	2