

Individual Best Times (All Time)

Laurence Chalk - (509713) - Sudbury & District SC - 200 Individual Medley - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------------|--------|-----------------|-------|
| 2:35.07 | 397 | H | 24/01/15 | ISA National Swimming Championships | London | | 3 |

Swims in Date Order

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