

Individual Best Times (All Time)

Hayley Alcock - (506167) - Bedford Swim Squad - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:49.02	538	H	09/04/11	City of Norwich Easter Meet	Norwich	Bedford SS	1
2:49.18	537	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	Bedford SS	1
2:49.86	531	F	06/04/12	UEA City of Norwich Easter Meet	Norwich	Bedford SS	1
2:50.16	528	H	05/05/12	ASA East Region Youth Championships	Basildon	Bedford SS	1
2:50.73	522	F	05/05/12	ASA East Region Youth Championships	Basildon	Bedford SS	1
2:51.06	519	F	30/04/11	BG East Region Championships	Norwich	Bedford SS	1
2:51.50	515	H	19/05/12	Northampton SC May Open Meet	Corby	Bedford SS	1
2:51.57	515	H	18/12/11	Northampton Winter Festival Open Meet	Corby	Bedford SS	1
2:51.90	512	H	28/07/11	British Gas ASA National Youth Champs	Sheffield	Bedford SS	1
2:52.63	505	H	15/10/11	Lincoln Vulcans Open Meet	Sheffield	Bedford SS	1
2:53.01	502	F	29/03/13	City of Norwich SC Easter Meet 2013	Norwich	Bedford SS	1
2:53.49	498	H	30/04/11	BG East Region Championships	Norwich	Bedford SS	1
2:54.36	490	H	29/01/12	ASA Central Zone Meet	Corby	Bedford SS	1
2:58.07	460	H	12/06/10	East Region BAGCATS	Norwich	Bedford SS	1
2:59.67	448	H	15/05/10	Rotherham Metro LC Meet	Sheffield	Bedford SS	1
3:03.71	419		06/12/09	Northampton Winter Meet	Corby	Bedford SS	1
3:09.52	382	H	06/06/09	East Region BAGCATS	UEA Norwich	Bedford SS	1
3:10.20	378	H	23/05/09	Rotherham Metro LC Meet	Sheffield	Bedford SS	1

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