Individual Best Times (All Time)

Hayley Alcock - (506167) - Bedford Swim Squad - 200 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.03	455	H	13/06/10	East Region BAGCATS	Norwich	Bedford SS	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.03	455	H	13/06/10	East Region BAGCATS	Norwich	Bedford SS	1