

Individual Best Times (All Time)

Jack Shillinglaw - (505896) - Loughborough University Swimming - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:57.10	660	H	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	Lboro Uni	1
1:57.17	659	H	04/03/18	Edinburgh International Inc British Championships	Edinburgh	Ellesmere Co	1
1:57.41	655	F	14/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	Ellesmere Co	1
1:58.12	643	H	04/11/17	Midland Long Course Championships	Nottingham	Ellesmere Co	1
1:58.15	643	H	26/05/17	Cardiff International Open Meet 2017	Cardiff	Ellesmere Co	1
1:59.76	617	H	18/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Lboro Uni	1
2:00.51	606	H	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	Ellesmere Co	1
2:00.51	606	H	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1
2:00.71	603		04/08/15	ASA Summer Nationals 2015	Sheffield	Wirral Metro	1
2:00.95	599		04/08/15	ASA Summer Nationals 2015	Sheffield	Wirral Metro	1
2:02.03	583	H	06/06/15	2015 North West Regional Championships	Manchester	Wirral Metro	1
2:02.24	580	F	22/06/19	2019 Long Course Summer Open	London	Lboro Uni	1
2:02.58	576	H	07/02/16	Derventio Excel February Festival 2016	Sheffield	Wirral Metro	1
2:02.66	575	F	06/06/15	2015 North West Regional Championships	Manchester	Wirral Metro	1
2:04.16	554	F	02/05/15	Manchester Open Meet 2015	Manchester	Wirral Metro	1
2:04.51	549	H	29/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
2:04.71	547	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Wirral Metro	1
2:07.48	512	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
2:09.22	491	H	11/01/14	City of Derby Long Course L1 Meet	Sheffield	Garston	1
2:09.64	487	H	09/02/14	Derventio Excel February Festival	Sheffield	Garston	1
2:09.94	483	H	18/01/14	City of Liverpool Winter Meet Plus	Liverpool	Garston	1
2:10.55	476	H	26/01/14	Northern Area Zonal Meet 2014	Sheffield	Garston	1
2:13.02	450	H	08/06/13	BG NWR 2013 Age Group Championships	Manchester	Garston	1
2:14.52	435	H	20/12/14	City of Leeds Christmas Meet	Leeds	Wirral Metro	1
2:16.22	419	H	19/01/13	City of Liverpool SC L1 Winter Open Meet	Liverpool	Garston	1
2:16.89	413	F	11/05/13	City of Manchester AST The Manchester Open	Manchester	Garston	1
2:18.10	400	F	16/02/10	City of Manchester Snow Don 2010	Manchester	Garston	1

2:18.10	402	F	16/12/12	City of Manchester Snow Pen 2012	Manchester	Garston	1
2:23.92	355	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Garston	1
2:25.86	341	H	03/12/11	City of Sheffield Snow Frill Gala	Sheffield	Garston	3
2:26.45	337	H	15/04/12	City of Leeds SC National Qualifying Meet	Leeds	Garston	1
2:26.64	336	F	21/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	Garston	1
2:41.56	251	F	22/01/11	City of Liverpool Winter Distance Meet	Liverpool	Garston	1

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