

Individual Best Times (All Time)

Jack Shillinglaw - (505896) - Loughborough University Swimming - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
53.64	666	H	28/06/18	Scottish National Open Championships	Tollcross	Ellesmere Co	1
53.72	663	H	27/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	Lboro Uni	1
53.85	658	H	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Lboro Uni	1
54.93	620	H	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1
54.94	620	H	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	Ellesmere Co	1
54.95	620	H	27/05/17	Cardiff International Open Meet 2017	Cardiff	Ellesmere Co	1
55.23	610		04/08/15	ASA Summer Nationals 2015	Sheffield	Wirral Metro	1
55.66	596		04/08/15	ASA Summer Nationals 2015	Sheffield	Wirral Metro	1
55.90	589	H	05/02/16	Derventio Excel February Festival 2016	Sheffield	Wirral Metro	1
55.92	588	F	09/04/16	Swim Ulster AG & Yth Long Course Championships	Leinster, NI	Wirral Metro	1
55.93	588	H	09/04/16	Swim Ulster AG & Yth Long Course Championships	Leinster, NI	Wirral Metro	1
55.97	586	F	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1
56.49	570	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
56.61	567	F	06/02/16	Derventio Excel February Festival 2016	Sheffield	Wirral Metro	1
56.91	558	F	03/05/15	Manchester Open Meet 2015	Manchester	Wirral Metro	1
57.23	548	H	30/05/15	2015 North West Regional Championships	Manchester	Wirral Metro	1
58.24	520	F	11/05/14	City of Manchester Aquatics Open Meet	Manchester	Wirral Metro	1
58.71	508	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	Wirral Metro	1
58.79	506	H	05/04/14	Derventio Excel 8th LC Open Meet	Sheffield	Garston	1
59.01	500	H	06/12/14	ASA North West Region Winter Championships	Liverpool	Wirral Metro	1
59.22	495	H	25/01/14	Northern Area Zonal Meet 2014	Sheffield	Garston	1
59.74	482	H	18/01/14	City of Liverpool Winter Meet Plus	Liverpool	Garston	1
1:00.20	471	H	03/05/14	2014 ASANWR Youth Championships	Liverpool	Wirral Metro	1
1:00.25	470	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Garston	1
1:01.58	440	H	02/06/13	BG North West Region 2013 Age Group Champs	Manchester	Garston	1
1:02.11	429	F	16/12/12	City of Manchester Snow Pen 2012	Manchester	Garston	1
1:04.28	385	H	02/06/13	North West Region Age Group Championships	Manchester	Garston	1

1:04.36	363	H	03/06/12	North West Region Age Group Championships	Manchester	Garston	1
1:04.69	380	H	15/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Garston	1
1:04.78	378	F	12/05/13	City of Manchester AST The Manchester Open	Manchester	Garston	1
1:05.94	358	F	13/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Garston	1
1:07.92	328	H	03/12/11	City of Sheffield Snow Frill Gala	Sheffield	Garston	3

Swims in Date Order

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