

Individual Best Times (All Time)

Jack Shillinglaw - (505896) - Loughborough University Swimming - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.94	744	C	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Ellesmere Co	1
57.00	741	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Ellesmere Co	1
57.23	732	F	26/07/17	British Summer Championships	Sheffield	Ellesmere Co	1
57.31	729	H	13/12/17	Swim England Winter Championships 2017	Sheffield	Ellesmere Co	1
57.33	729	H	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	Lboro Uni	1
57.50	722	F	13/12/17	Swim England Winter Championships 2017	Sheffield	Ellesmere Co	1
57.63	717	C	15/03/19	Edinburgh International	Edinburgh	Ellesmere Co	1
57.66	716	H	15/03/19	Edinburgh International	Edinburgh	Ellesmere Co	1
57.73	714	F	25/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
57.79	711	H	25/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
57.85	709	F	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Lboro Uni	1
57.87	708	H	26/07/17	British Summer Championships	Sheffield	Ellesmere Co	1
57.88	708	F	25/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
57.99	704	H	17/04/19	British Championships 2019	Glasgow	Lboro Uni	1
58.10	700	H	05/11/17	Midland Long Course Championships	Nottingham	Ellesmere Co	1
58.24	695	H	12/05/18	Manchester Open Meet 2018	Manchester	Ellesmere Co	1
58.25	695	F	05/11/17	Midland Long Course Championships	Nottingham	Ellesmere Co	1
58.33	692	H	20/01/18	Flanders Swimming Cup	Antwerp, Belgium		1
58.33	692	F	20/01/18	Flanders Swimming Cup	Antwerp, Belgium		1
58.46	687	R	29/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
58.54	684	H	27/05/17	Cardiff International Open Meet 2017	Cardiff	Ellesmere Co	1
58.56	684	F	04/08/16	ASA Summer Nationals 2016	Sheffield	Wirral Metro	1
58.95	670	F	27/05/17	Cardiff International Open Meet 2017	Cardiff	Ellesmere Co	1
58.98	669	H	29/06/18	Scottish National Open Championships	Tollcross	Ellesmere Co	1
59.36	656	F	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1
59.50	652	H	04/08/16	ASA Summer Nationals 2016	Sheffield	Wirral Metro	1
59.68	646	H	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1

59.86	640	H	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1
59.86	640	H	12/03/17	ESSA 67th National Inter-Divisiona Championships	Liverpool		1
59.93	638	F	01/08/15	British Summer Championships	Sheffield	Wirral Metro	1
59.94	637	F	14/04/15	British Championships 2015	London	Wirral Metro	1
1:00.06	634	H	01/08/15	British Summer Championships	Sheffield	Wirral Metro	1
1:00.07	633	H	14/04/15	British Championships 2015	London	Wirral Metro	1
1:00.30	626	F	10/04/16	Swim Ulster AG & Yth Long Course Championships	Leinster, NI	Wirral Metro	1
1:00.32	625	H	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	Ellesmere Co	1
1:00.39	623	H	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Lboro Uni	1
1:00.52	619	F	07/06/15	2015 North West Regional Championships	Manchester	Wirral Metro	1
1:00.64	616	H	08/02/15	Derventio Excel February Festival	Sheffield	Wirral Metro	1
1:00.82	610	H	07/06/15	2015 North West Regional Championships	Manchester	Wirral Metro	1
1:00.87	609	F	02/05/15	Manchester Open Meet 2015	Manchester	Wirral Metro	1
1:01.01	604	H	25/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
1:01.04	604	H	07/02/16	Derventio Excel February Festival 2016	Sheffield	Wirral Metro	1
1:01.04	604	H	10/04/16	Swim Ulster AG & Yth Long Course Championships	Leinster, NI	Wirral Metro	1
1:01.07	603	H	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
1:01.92	578	H	06/12/14	ASA North West Region Winter Championships	Liverpool	Wirral Metro	1
1:02.01	576	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
1:02.18	571	F	06/12/14	ASA North West Region Winter Championships	Liverpool	Wirral Metro	1
1:02.18	571	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Wirral Metro	1
1:02.24	569	F	03/05/14	2014 ASANWR Youth Championships	Liverpool	Wirral Metro	1
1:02.33	567	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	Wirral Metro	1
1:02.36	566	H	20/12/14	City of Leeds Christmas Meet	Leeds	Wirral Metro	1
1:02.57	560	F	10/05/14	City of Manchester Aquatics Open Meet	Manchester	Wirral Metro	1
1:02.63	559	H	05/04/14	Derventio Excel 8th LC Open Meet	Sheffield	Garston	1
1:02.73	556	H	07/12/13	2013 ASA NWR Regional Championships	Manchester	Garston	1
1:02.93	551	H	03/05/14	2014 ASANWR Youth Championships	Liverpool	Wirral Metro	1
1:03.09	547	F	07/12/13	2013 ASA NWR Regional Championships	Manchester	Garston	1
1:03.11	546	F	20/12/14	City of Leeds Christmas Meet	Leeds	Wirral Metro	1
1:03.56	535	H	25/01/14	Northern Area Zonal Meet 2014	Sheffield	Garston	1
1:03.71	531	H	11/01/14	City of Derby Long Course L1 Meet	Sheffield	Garston	1
1:03.92	526	H	08/02/14	Derventio Excel February Festival	Sheffield	Garston	1
1:04.20	519	F	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
1:06.37	469	F	08/06/13	BG NWR 2013 Age Group Championships	Manchester	Garston	1
1:07.49	446	H	08/06/13	BG NWR 2013 Age Group Championships	Manchester	Garston	1
1:07.56	445	H	09/02/13	Derventio February Festival	Sheffield	Garston	1
1:08.60	425	F	11/05/13	City of Manchester AST The Manchester Open	Manchester	Garston	1
1:10.59	390	F	16/12/12	City of Manchester Snow Pen 2012	Manchester	Garston	1
1:12.59	359	F	12/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Garston	1
1:14.40	333	H	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Garston	1
1:17.30	297	H	04/12/11	City of Sheffield Snow Frill Gala	Sheffield	Garston	3
1:18.24	286	H	15/04/12	City of Leeds SC National Qualifying Meet	Leeds	Garston	1

Swims in Date Order

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57.85	709	F	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Lboro Uni	1
1:00.39	623	H	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	Lboro Uni	1
57.99	704	H	17/04/19	British Championships 2019	Glasgow	Lboro Uni	1
57.63	717	C	15/03/19	Edinburgh International	Edinburgh	Ellesmere Co	1
57.66	716	H	15/03/19	Edinburgh International	Edinburgh	Ellesmere Co	1
57.33	729	H	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	Lboro Uni	1
58.46	687	R	29/07/18	British Summer Championships	Sheffield	Ellesmere Co	1

57.73	714	F	25/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
57.79	711	H	25/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
58.98	669	H	29/06/18	Scottish National Open Championships	Tollcross	Ellesmere Co	1
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1:04.20	519	F	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
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