

Individual Best Times (All Time)

Jack Shillinglaw - (505896) - Loughborough University Swimming - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.65	690	H	16/04/19	British Championships 2019	Glasgow	Lboro Uni	1
26.73	683	H	01/03/18	Edinburgh International Inc British Championships	Edinburgh	Ellesmere Co	1
26.88	672	H	24/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
26.93	668	H	15/12/17	Swim England Winter Championships 2017	Sheffield	Ellesmere Co	1
27.02	662	F	29/04/17	ASA North West Region Summer Championships	Manchester	Wirral Metro	1
27.06	659	H	25/07/17	British Summer Championships	Sheffield	Ellesmere Co	1
27.08	657	F	15/12/17	Swim England Winter Championships 2017	Sheffield	Ellesmere Co	1
27.12	654	H	24/07/18	British Summer Championships	Sheffield	Ellesmere Co	1
27.17	651	H	29/04/17	ASA North West Region Summer Championships	Manchester	Wirral Metro	1
27.25	645	F	21/01/18	Flanders Swimming Cup	Antwerp, Belgium		1
27.31	641	H	13/05/18	Manchester Open Meet 2018	Manchester	Ellesmere Co	1
27.32	640	F	25/07/17	British Summer Championships	Sheffield	Ellesmere Co	1
27.32	640	H	16/03/19	Edinburgh International	Edinburgh	Ellesmere Co	1
27.45	631	F	24/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
27.47	630	H	04/11/17	Midland Long Course Championships	Nottingham	Ellesmere Co	1
27.49	628	F	04/11/17	Midland Long Course Championships	Nottingham	Ellesmere Co	1
27.63	619	F	23/06/19	2019 Long Course Summer Open	London	Lboro Uni	1
27.66	617	F	03/08/16	ASA Summer Nationals 2016	Sheffield	Wirral Metro	1
27.66	617	H	21/01/18	Flanders Swimming Cup	Antwerp, Belgium		1
27.75	611	H	03/08/16	ASA Summer Nationals 2016	Sheffield	Wirral Metro	1
27.77	609	F	30/07/15	British Summer Championships	Sheffield	Wirral Metro	1
27.82	606	H	30/07/15	British Summer Championships	Sheffield	Wirral Metro	1
28.35	573	F	03/05/15	Manchester Open Meet 2015	Manchester	Wirral Metro	1
28.38	571	H	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	Ellesmere Co	1
28.45	567	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Wirral Metro	1
28.68	553	F	06/06/15	2015 North West Regional Championships	Manchester	Wirral Metro	1
28.74	550	H	06/06/15	2015 North West Regional Championships	Manchester	Wirral Metro	1

28.74	550	H	06/06/15	2015 North West Regional Championships	Manchester	Wirral Metro	1
28.78	547	H	05/02/16	Derventio Excel February Festival 2016	Sheffield	Wirral Metro	1
29.00	535	H	29/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Wirral Metro	1
29.18	525	F	06/02/16	Derventio Excel February Festival 2016	Sheffield	Wirral Metro	1
29.22	523	F	04/05/14	2014 ASANWR Youth Championships	Liverpool	Wirral Metro	1
29.32	518	H	08/12/13	2013 ASA NWR Regional Championships	Manchester	Garston	1
29.55	506	H	07/12/14	ASA North West Region Winter Championships	Liverpool	Wirral Metro	1
29.57	505	H	06/04/14	Derventio Excel 8th LC Open Meet	Sheffield	Garston	1
29.59	504	H	04/05/14	2014 ASANWR Youth Championships	Liverpool	Wirral Metro	1
29.70	498	F	08/12/13	2013 ASA NWR Regional Championships	Manchester	Garston	1
29.70	498	F	20/12/14	City of Leeds Christmas Meet	Leeds	Wirral Metro	1
29.71	498	F	07/12/14	ASA North West Region Winter Championships	Liverpool	Wirral Metro	1
29.78	494	F	11/05/14	City of Manchester Aquatics Open Meet	Manchester	Wirral Metro	1
29.80	493	H	20/12/14	City of Leeds Christmas Meet	Leeds	Wirral Metro	1
29.84	491	H	09/02/14	Derventio Excel February Festival	Sheffield	Garston	1
29.89	489	H	26/01/14	Northern Area Zonal Meet 2014	Sheffield	Garston	1
30.01	483	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Garston	1
31.41	421	F	12/05/13	City of Manchester AST The Manchester Open	Manchester	Garston	1
33.40	350	F	12/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Garston	1
35.34	295	H	03/12/11	City of Sheffield Snow Frill Gala	Sheffield	Garston	3

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27.63	619	F	23/06/19	2019 Long Course Summer Open	London	Lboro Uni	1
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