

Individual Best Times (All Time)

Matthew Wright - (505557) - Team Luton Swimming - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:05.12	723	F	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Bath Univ	1
4:06.04	715	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Team Luton	1
4:06.17	714	H	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Team Luton	1
4:06.56	711	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	Bath Univ	1
4:07.14	706	F	04/08/19	Swim England National Summer Meet	Sheffield	Team Luton	1
4:07.63	701	H	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Bath Univ	1
4:07.92	699	F	27/05/18	Cardiff International Open Meet	Cardiff	Bath Univ	1
4:08.42	695	F	28/10/17	Millfield Super Series	Millfield	Bath Univ	1
4:08.47	694	H	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Team Luton	1
4:08.94	690	H	17/03/19	Edinburgh International	Edinburgh	Bath Univ	1
4:08.98	690	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Bath Univ	1
4:09.24	688	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Team Luton	1
4:10.10	681	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Bath Univ	1
4:11.14	672	H	30/04/23	Swim England East Region LC Championships 2023	Norwich	Team Luton	1
4:12.23	664	H	04/08/19	Swim England National Summer Meet	Sheffield	Team Luton	1
4:12.78	659	H	02/02/20	Bedfordshire ASA 2020 Age Group and County Champs	Luton	Team Luton	1
4:12.80	659	H	20/04/19	Team Luton April Open Meet	Luton	Bath Univ	1
4:12.97	658	H	01/05/22	SE East Region Long Course Championships 2022	Norwich	Team Luton	1
4:13.33	655	H	24/07/18	British Summer Championships	Sheffield	Bath Univ	1
4:13.54	653	F	15/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	Team Luton	1
4:13.63	653	H	22/03/15	Bedfordshire ASA County Championships	Luton		1
4:13.70	652	F	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Team Luton	1
4:15.50	639	H	04/02/24	Bedfordshire County Championships 2024	Luton	Team Luton	1
4:16.30	633	H	01/05/16	ASA East Region Long Course Championships	Norwich	Team Luton	1
4:16.41	632	H	05/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Team Luton	1
4:16.78	629	H	14/02/16	Bedfordshire Age Group & County Champs	Luton	Team Luton	1
4:16.88	627	F	28/05/17	Cardiff International Open Meet 2017	Cardiff	Bath Univ	1

4:16.99	627	F	28/05/17	Cardiff International Open Meet 2017	Cardiff	Bath Univ	1
4:17.21	626	F	08/01/17	UBSC New Year L1 Open Meet	Bristol	Bath Univ	1
4:18.09	619	H	06/02/22	Bedfordshire ASA County Championships	Luton	Team Luton	1
4:18.20	619	H	03/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
4:21.17	598	H	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:21.63	595	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	Team Luton	1
4:23.09	585	H	03/05/14	ASA East Region Youth Championships	Luton	Team Luton	1
4:23.11	585	H	14/05/16	Team Luton May Long Course Meet	Luton	Team Luton	1
4:24.03	579	H	16/04/16	Team Luton April Long Course Meet	Luton	Team Luton	1
4:26.63	562	H	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Team Luton	1
4:27.11	559	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Team Luton	1
4:31.58	532	H	16/11/13	Team Luton Autumn LC Open Meet	Luton	Team Luton	1
4:32.71	525	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Team Luton	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:15.50	639	H	04/02/24	Bedfordshire County Championships 2024	Luton	Team Luton	1
4:11.14	672	H	30/04/23	Swim England East Region LC Championships 2023	Norwich	Team Luton	1
4:12.97	658	H	01/05/22	SE East Region Long Course Championships 2022	Norwich	Team Luton	1
4:18.09	619	H	06/02/22	Bedfordshire ASA County Championships	Luton	Team Luton	1
4:13.54	653	F	15/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	Team Luton	1
4:12.78	659	H	02/02/20	Bedfordshire ASA 2020 Age Group and County Champs	Luton	Team Luton	1
4:07.14	706	F	04/08/19	Swim England National Summer Meet	Sheffield	Team Luton	1
4:12.23	664	H	04/08/19	Swim England National Summer Meet	Sheffield	Team Luton	1
4:12.80	659	H	20/04/19	Team Luton April Open Meet	Luton	Bath Univ	1
4:08.94	690	H	17/03/19	Edinburgh International	Edinburgh	Bath Univ	1
4:08.47	694	H	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Team Luton	1
4:13.33	655	H	24/07/18	British Summer Championships	Sheffield	Bath Univ	1
4:07.92	699	F	27/05/18	Cardiff International Open Meet	Cardiff	Bath Univ	1
4:06.04	715	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Team Luton	1
4:06.56	711	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	Bath Univ	1
4:08.98	690	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Bath Univ	1
4:06.17	714	H	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Team Luton	1
4:08.42	695	F	28/10/17	Millfield Super Series	Millfield	Bath Univ	1
4:05.12	723	F	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Bath Univ	1
4:07.63	701	H	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Bath Univ	1
4:16.99	627	F	28/05/17	Cardiff International Open Meet 2017	Cardiff	Bath Univ	1
4:09.24	688	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Team Luton	1
4:10.10	681	F	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Bath Univ	1
4:16.41	632	H	05/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Team Luton	1
4:17.21	626	F	08/01/17	UBSC New Year L1 Open Meet	Bristol	Bath Univ	1
4:23.11	585	H	14/05/16	Team Luton May Long Course Meet	Luton	Team Luton	1
4:16.30	633	H	01/05/16	ASA East Region Long Course Championships	Norwich	Team Luton	1
4:24.03	579	H	16/04/16	Team Luton April Long Course Meet	Luton	Team Luton	1
4:21.63	595	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	Team Luton	1
4:16.78	629	H	14/02/16	Bedfordshire Age Group & County Champs	Luton	Team Luton	1
4:21.17	598	H	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:18.20	619	H	03/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
4:13.70	652	F	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Team Luton	1
4:13.63	653	H	22/03/15	Bedfordshire ASA County Championships	Luton		1
4:26.63	562	H	24/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Team Luton	1
4:23.09	585	H	03/05/14	ASA East Region Youth Championships	Luton	Team Luton	1
4:27.11	559	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Team Luton	1

4:32.71	525	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Team Luton	Page 3 / 3 1
4:31.58	532	H	16/11/13	Team Luton Autumn LC Open Meet	Luton	Team Luton	1