

# Individual Best Times (All Time)

Jack Wooller - (505071) - City of Cardiff - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.82	519	F	08/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	Co Cardiff	1
4:34.09	517	F	18/11/12	Welsh Capital Open Meet 2012	Cardiff	Co Cardiff	1
4:37.25	500	F	23/04/11	Welsh Age Group & Youth Championships	Swansea	Co Cardiff	1
4:42.31	473		08/05/11	Taunton Dean Level 1 Meet	Millfield	Co Cardiff	1
4:42.81	471	F	27/11/11	Welsh Capital Open Meet	Cardiff	Co Cardiff	1
4:43.68	466	F	31/07/11	Welsh Summer Nationals	Swansea	Co Cardiff	1
4:46.11	455	F	31/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	Co Cardiff	1
4:46.18	454	F	24/09/11	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
4:47.39	449	F	23/01/11	Exeter City New Year Long Course Meet	Cardiff	Co Cardiff	1
4:50.57	434	F	01/07/11	Cardiff International Open Meet 2011	Cardiff	Co Cardiff	1
4:50.70	433	F	22/01/12	Exeter City Level 1 Open Meet	Cardiff	Co Cardiff	1
4:50.99	432	F	21/11/10	Swim Wales Winter Championships	Swansea	Co Cardiff	1
4:59.16	398	F	04/08/10	BG Wales Summer Nationals	Swansea	Co Cardiff	1
5:07.78	365	F	22/11/09	BG Welsh Winter Meet 2009	Swansea	Co Cardiff	1
5:08.25	363	F	11/04/10	Tiger Bay Open Meet	Cardiff	Co Cardiff	3
5:16.77	335		27/09/09	City of Cardiff Champs	Cardiff	Co Cardiff	4
5:18.16	330		13/04/09	Welsh Age & Youth Champs	Swansea	Co Cardiff	1
5:19.34	327		03/07/09	Cardiff International Open	Cardiff	Co Cardiff	1
5:20.62	323		22/05/09	Avalon Last Chance Open	Millfield	Co Cardiff	2
5:25.19	309		30/07/09	Welsh Summer Nationals	Swansea	Co Cardiff	1
5:29.34	298		29/03/09	Tiger Bay Open Meet	Cardiff	Co Cardiff	3
5:49.14	250		27/09/08	City of Cardiff Club Champ	Cardiff	Co Cardiff	4

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