Individual Best Times (All Time)

Sophie Culpin - (504644) - Grantham SC - 200 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------|-----------------|-------|
| 2:11.75 | 628 | Н | 28/05/17 | ASA EM Region Youth Champs 2017 | Sheffield | Grantham | 1 |
| 2:12.37 | 619 | Н | 13/05/17 | Nova Centurion May Level 1 LC Open Meet | Nottingham | Grantham | 1 |
| 2:12.74 | 614 | Н | 01/05/16 | ASA East Midland Region Swimming Champs | Sheffield | Grantham | 1 |
| 2:13.02 | 610 | F | 28/05/17 | ASA EM Region Youth Champs 2017 | Sheffield | Grantham | 1 |
| 2:13.38 | 605 | Н | 09/05/15 | City of Coventry May Open Meet | Coventry | | 1 |
| 2:13.87 | 599 | Н | 09/04/17 | Derventio Excel 11th LC Open Meet | Sheffield | Grantham | 1 |
| 2:14.19 | 594 | Н | 23/04/17 | Poznan International Swimming Cup | Poznan, Poland | | 1 |
| 2:14.30 | 593 | Н | 21/05/16 | Nova Centurion May Level 1 Long Course Open Meet | Nottingham | Grantham | 1 |
| 2:14.40 | 591 | Н | 12/04/15 | Derventio Excel 9th Open Meet | Sheffield | | 1 |
| 2:15.15 | 582 | Н | 17/05/15 | Rotherham Metro Level One Long Course Meet | Sheffield | | 1 |
| 2:16.22 | 568 | Н | 25/03/16 | City of Sheffield Swim Squad Premier Meet | Sheffield | Grantham | 1 |
| 2:16.53 | 564 | F | 23/04/17 | Poznan International Swimming Cup | Poznan, Poland | | 1 |
| 2:17.06 | 558 | Н | 23/05/15 | City of Sheffield Swim Squad No Frills Meet | Sheffield | | 1 |
| 2:18.21 | 544 | Н | 04/05/14 | Midland Swimming - 2014 Youth Championships | Corby | Grantham | 1 |
| 2:19.85 | 525 | Н | 10/05/14 | City of Coventry May Open Meet | Coventry | Grantham | 1 |
| 2:20.59 | 517 | Н | 04/05/13 | Midland Youth Championships | Corby | Grantham | 1 |
| 2:22.18 | 500 | Н | 11/05/13 | City of Coventry SC May Open Meet | Coventry | Grantham | 1 |
| 2:23.94 | 481 | Н | 19/10/13 | Lincoln Vulcans Long Course Meet | Sheffield | Grantham | 1 |
| 2:25.29 | 468 | Н | 10/06/12 | Midland Age Group Championships | Coventry | Grantham | 1 |
| 2:26.93 | 453 | Н | 16/07/11 | City of Coventry Graham Sykes Open Meet | Coventry | Grantham | 3 |
| 2:28.91 | 435 | Н | 01/07/12 | City of Coventry Graham Sykes Gala | Coventry | Grantham | 3 |
| 2:42.38 | 335 | Н | 11/07/09 | Graham Sykes Memorial | Coventry | Grantham | 3 |
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Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------|-----------|-----------------|-------|
| 2:13.02 | 610 | F | 28/05/17 | ASA EM Region Youth Champs 2017 | Sheffield | Grantham | 1 |

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| 2:14.19 | 594 | Н | 23/04/17 | Poznan International Swimming Cup | Poznan, Poland | | 1 |
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| 2:17.06 | 558 | Н | 23/05/15 | City of Sheffield Swim Squad No Frills Meet | Sheffield | | 1 |
| 2:15.15 | 582 | Н | 17/05/15 | Rotherham Metro Level One Long Course Meet | Sheffield | | 1 |
| 2:13.38 | 605 | Н | 09/05/15 | City of Coventry May Open Meet | Coventry | | 1 |
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| 2:18.21 | 544 | Н | 04/05/14 | Midland Swimming - 2014 Youth Championships | Corby | Grantham | 1 |
| 2:23.94 | 481 | Н | 19/10/13 | Lincoln Vulcans Long Course Meet | Sheffield | Grantham | 1 |
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