

# Individual Best Times (All Time)

Sophie Druce - (501105) - Alton & District Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.91	544	H	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Alton & Dist	1
29.21	528	F	16/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	Alton & Dist	3
29.37	519	F	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Alton & Dist	1
29.40	517	H	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	Alton & Dist	3
29.48	513	F	12/04/14	Crawley Spring Open Meet	Crawley	Alton & Dist	1
29.51	512		17/03/12	Hampshire County Championships	Portsmouth	Alton & Dist	1
29.59	507	H	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Alton & Dist	1
29.62	506	H	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
29.71	501	H	14/03/15	Hampshire County ASA Championships	Portsmouth		1
29.73	500	F	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	Alton & Dist	1
29.87	493	F	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Alton & Dist	1
30.00	487	H	19/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	Alton & Dist	1
30.03	485	H	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot	Alton & Dist	1
30.07	484		15/03/14	Hampshire County Championships	Portsmouth	Alton & Dist	1
30.13	481	H	30/03/13	Rushmoor Royals & Hart SC Easter Open Meet	Aldershot	Alton & Dist	3
30.22	476	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Alton & Dist	1
30.24	475	H	28/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	Alton & Dist	1
30.29	473		16/03/13	Hampshire County Championships	Portsmouth	Alton & Dist	1
32.04	400	H	21/05/11	Bracknell & Wokingham Open Meet	Aldershot	Alton & Dist	1

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30.00	487	H	19/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	Alton & Dist	1
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