

Individual Best Times (All Time)

Sarah Tripp - (497186) - Spencer Swim Team - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:34.27	708	F	27/07/16	British Summer Championships	Sheffield	Guildford Ct	1
2:36.98	672	H	19/04/17	British Swimming Championships 2017	Sheffield	Guildford Ct	1
2:37.42	667	H	27/07/16	British Summer Championships	Sheffield	Guildford Ct	1
2:37.57	665	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Guildford Ct	1
2:37.78	662	F	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Guildford Ct	1
2:37.99	659	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Guildford Ct	1
2:38.22	657	H	01/05/16	ASA South East Region Swimming Championships	Portsmouth	Guildford Ct	1
2:38.25	656	F	26/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Guildford Ct	1
2:39.43	642	H	25/07/13	BG ASA National Age Groups 2013	Sheffield	Rushmoor Ryl	1
2:39.70	638	F	19/04/17	British Swimming Championships 2017	Sheffield	Guildford Ct	1
2:39.76	638	F	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Rushmoor Ryl	1
2:39.79	637	H	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Guildford Ct	1
2:39.92	636	F	26/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Guildford Ct	1
2:39.98	635	F	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Guildford Ct	1
2:40.05	634	H	01/05/16	ASA South East Region Swimming Championships	Portsmouth	Guildford Ct	1
2:40.39	630	H	30/07/15	British Summer Championships	Sheffield		1
2:40.53	629	H	15/03/15	Hampshire County ASA Championships	Portsmouth		1
2:40.54	628	H	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot		1
2:40.71	626	H	07/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
2:40.85	625	F	25/07/13	BG ASA National Age Groups 2013	Sheffield	Rushmoor Ryl	1
2:40.97	623	F	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	Rushmoor Ryl	1
2:41.43	618	H	15/03/15	Hampshire County ASA Championships	Portsmouth		1
2:41.58	616	F	26/04/15	Millfield & Taunton Super Series (LC)	Millfield	Rushmoor Ryl	1
2:43.02	600	H	25/06/14	British Gas International Swimming Meet 2014	Manchester	Rushmoor Ryl	1
2:43.08	600	H	26/01/14	ASA South Zonal Competition	Millfield School	Rushmoor Ryl	1
2:43.08	600	H	31/05/15	ASASER Swimming Championships	Crawley		1
2:43.24	597	F	03/05/14	ASA South East Region Youth Championships	Crawley	Rushmoor Ryl	1

2:43.34	597		03/03/14	ASA South East Region Youth Championships	Crawley	Rushmoor Ryl	1
2:43.79	592	H	31/05/15	ASASER Swimming Championships	Crawley		1
2:43.84	591	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
2:43.88	591	F	21/12/13	Co Leeds Christmas Meet 2013	Leeds	Rushmoor Ryl	1
2:44.06	589	H	26/07/17	British Summer Championships	Sheffield	Guildford Ct	1
2:44.20	587	H	12/04/14	British Gas Championships 2014	Glasgow	Rushmoor Ryl	1
2:44.53	584	F	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
2:44.94	579	F	26/01/14	ASA South Zonal Competition	Millfield School	Rushmoor Ryl	1
2:45.80	570	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Rushmoor Ryl	1
2:46.12	567	H	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Rushmoor Ryl	1
2:46.61	562		17/03/13	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
2:46.72	561		08/06/13	ASA South East Region Age Group Championships 2013	Crawley	Rushmoor Ryl	1
2:46.91	559	F	15/12/12	Portsmouth & Northsea Christmas Cracker	Portsmouth	Rushmoor Ryl	1
2:46.95	559	H	10/02/13	Derventio February Festival	Sheffield	Rushmoor Ryl	1
2:47.14	557		08/06/13	ASA South East Region Age Group Championships 2013	Crawley	Rushmoor Ryl	1
2:47.95	549		16/03/14	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
2:48.28	546	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Rushmoor Ryl	1
2:48.34	545	H	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
2:48.73	541		27/01/13	ASA Southern Region Zonal Competition	Crawley	Rushmoor Ryl	1
2:49.55	533		17/03/13	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
2:49.87	530	H	22/12/13	Co Leeds Christmas Meet 2013	Leeds	Rushmoor Ryl	1
2:49.88	530	F	10/02/13	Derventio February Festival	Sheffield	Rushmoor Ryl	1
2:49.97	529		27/01/13	ASA Southern Region Zonal Competition	Crawley	Rushmoor Ryl	1
2:50.14	528		18/03/12	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
2:50.52	524		18/03/12	Hampshire County Championships	Portsmouth	Rushmoor Ryl	1
2:50.90	521	F	14/01/12	Portsmouth Open Meet	Portsmouth	Rushmoor Ryl	1
2:51.02	520		27/05/12	British Gas South East Region AG Champs	Crawley	Rushmoor Ryl	1
2:51.24	518		27/05/12	British Gas South East Region AG Champs	Crawley	Rushmoor Ryl	1
2:51.28	517	F	22/07/11	British Gas ASA NAG Championships 2011	Sheffield	Rushmoor Ryl	1
2:51.63	514	H	08/07/12	Rushmoor Royals SC Summer Festival	Aldershot	Rushmoor Ryl	3
2:52.39	507	H	20/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	Rushmoor Ryl	1
2:52.74	504	H	22/07/11	British Gas ASA NAG Championships 2011	Sheffield	Rushmoor Ryl	1
2:52.75	504	H	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Rushmoor Ryl	1
2:52.87	503	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Rushmoor Ryl	1
2:52.97	502	H	29/01/12	ASA South Zonal Meet	Millfield	Rushmoor Ryl	1
2:53.37	499		11/06/11	BG South East Region Age Group Championshi	Crawley	Rushmoor Ryl	1
2:53.65	497	H	28/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	Rushmoor Ryl	1
2:56.39	474	H	22/05/11	Bracknell & Wokingham Open Meet	Aldershot	Rushmoor Ryl	1
2:56.68	471	F	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Rushmoor Ryl	1
2:59.42	450	H	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	Rushmoor Ryl	1
3:03.38	422	F	24/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Rushmoor Ryl	1
3:03.57	420	H	24/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	Rushmoor Ryl	1
3:08.10	391	H	31/10/10	Rushmoor Royals Open	Aldershot	Rushmoor Ryl	1
3:08.52	388		12/06/10	South East Region Champs	Crawley	Rushmoor Ryl	1
3:22.33	314	H	17/01/10	Rushmoor Royals New Year Meet	Aldershot	Rushmoor Ryl	3
3:28.89	285		14/06/09	South East Region Champs	Crawley	Rushmoor Ryl	1

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